

*POETRY IN (E)MOTION*

*Arnaud van der Veere*

*A travel of years to  
move you from  
happiness to tears.*

If I say I love you  
Does your world accept me  
With the flowers grow again  
And brings your body in the mood

If I say I need you  
Will you offer me your shelter?  
Do you put your arms around me  
Protect from bad and evil

When I say I'm coming  
Will you let me in  
Open all your doors  
And show me all what you can offer

When I say I am going  
Will you let me leave  
Put no barriers along the way  
Follow me on the road to go

If I say I want to listen  
To your voice so sweet  
All you want to tell  
The deepest secrets of your life

If I say I want to be a part of you  
Would you share your life with me  
Let me in to be your friend  
Or shut me out as alien

When I lay beside of you  
What will happen  
In the day  
Or in the night

I want to tell you all so much  
and silence only gives the answers  
a smile says more than words  
your dreamy eyes gives all that needs

Arnaud van der Veere

Sometimes we dream away  
Sailing ships are passing by  
The wings of birds are clapping  
Time is no longer mine

Always in dreams we love  
Perfection is never far  
But how to reach  
Is never told

The sun is warm and sea is blue  
No sadness at all along  
Smiling very strong  
Keeping eyes shut very tied

A hand is felt so nice and warm  
Touching on your arm  
Your stomach and your head  
A shiver up and down

The river takes you up the stream  
Neither danger nor obstruction  
Will stop this boat  
It leads by love and faithfulness

Movement soft and tender  
As in your arms  
Sometimes you take me far away  
So far I never wish to return

Arnaud van der Veere

Round and round 22-09-03 Arnaud van der Veere

Life is like a trend mill  
round and round it goes  
no begin nor ending  
dizzy is what you get

Some goes along the ride  
others jump off when speeding  
and most just watch the others pass by and by  
the question is watch or jump in

A ride is never without hurdles  
sometimes bumpy and swift  
or exiting speed downhill  
slow and time-consuming when going up

But the ride is always fun  
emotions plays an important role  
but can you control them or just let them go  
when go than who will catch you

I am on the Mary go round seeing you  
you look and hesitate  
shall you go or ever wait  
take a change or play on safe

Time has proven the dangers much to often  
jumping on can hurt you much  
waiting for next round can lose the time  
maybe even more so what will it be

Just close your eyes and draw your limits  
do not cross your borders  
and do not allow the others to do it  
control yourself and be in control

I told you ones and now again  
be a boss on top of it  
when go is go and stop is stop  
if go never feel bad over it

If stop do not hesitate  
a decision is always hard  
but from your heart  
and be accepted by the ones you love

so never sorry but go on  
we see were life will end  
no tears nor sorrow  
just let it flow

THE NIGHT BEFORE      Arnaud van der Veere      18-09-03

It has been long ago  
When time was just a word  
Memories were on the making  
The world was still so small

Two were holding hands  
And promise of sacred life  
Were not just empty phrases  
The fruit of birth was in her belly

With closed eyes you oversaw the world  
All good and no one harmed  
No starvation and all in overload  
Enough for all to come

Birth came and brought some wonderful moments  
A smile of a baby is so warm  
Innocence spread all around  
They sat and enjoyed the growth

The leaving moment came and kid was man  
Mankind was born of string  
Two cells collides together  
In harmony became one

When men grew up harmony has gone  
All on our own we fight  
Survival is the name  
And nothing has been changed

Time begun when first men realized  
Life is only short to go  
Processions are only binding  
To time and to one place

Freedom comes from inner peace  
Conceived when still an egg  
A sperm hunting for the goal  
When reached the destiny

Life begun from nothing at all  
A coincident of time and place  
In or through your desire  
Make love when possible

Never forget that time is limited  
You only get that one change to do  
Experience the forces of nature  
Create and grow

A road so long ahead of me  
In distance never seen  
The end to far, unreachable  
But eager in my heart  
The burning of desire  
The wish, the wanting, the need  
To run to the end  
To look over the edge and see  
What is on the other side  
Never believe the other  
Trust is not for me  
Running to the end  
Wishing to be never seen again  
Disappear for all my friends  
No hiding but just running  
To win and overcome  
Glory is but for few  
To share that little feeling  
Shelter in its light  
All eyes look up to me  
Running away for here  
Never to return  
Leave nothing but a trace  
A vague smell of ever been

Arnaud van der Veere

A night to remember  
the day we met  
the sparkles of joy  
the fire of hands

A feeling of overturn  
ones you've been overrun  
by the feeling of love  
a dream came over you

Next day you walking on clouds  
nobody can harm you  
no word will hurt you anymore  
waiting to see you

A phone or a view  
eager to hear you  
waiting to long  
time seems to stand still

But than a meeting takes place  
both try to keep cool  
but the fire is burning  
and the boiling goes on

What can we do to stop the fire  
to act normal too  
what can we do to hide the desire  
the hunger for love

Let all just go loose  
and become one in your arms  
no beginning no end  
enjoy it forever

in the shadow the eyes are staring  
carefully they look staring it is  
they want so much hunger is deep  
but to be careful just look no more

a burning desire so deep it hurts  
wanting so hard that all seem to be lost  
dreams come and go by day and by night  
the image is clear and the need very bright

so what do they want  
is it you ?????  
Arnaud van der Veere

PILLOW NIGHT

22-06-03

Some nights I hold a pillow  
whispering your name  
long gone are all the memories  
but still is there the pain  
Death is so hard but seems so sweet  
longing for the silence  
but scare to meet the faith  
wondering if it will be long away

But then some lights came in  
bright and even blinding  
so warm and yet so beautiful  
it changed my view

Now I try to find the light  
following the path of feelings  
trying to put my arms around  
but yet the light still slips away

Could it be the time  
now still to early  
need to wait some more  
a kiss is on my lips...

Arnaud van der Veere

A place in your heart has to be won  
I did fight for that place  
and now I know a little part is mine  
but a question still stays  
did I get a little part in your dreams  
just a tiny part a play not important  
but at least I do appear  
if that is the fact than I won the highest price  
better than gold more than any medal  
so what can it be.....

In a world of dreams one realizes that when its time to wake up the sky always will be the same. Some days the sun will brighten your life some days the rain will pour down. A friend can make your day and nights so different, so here is a reaching hand .....

Arnaud van der Veere

Ones upon a time  
So long ago the world does not remember  
We lived in peace and harmony  
The legend goes with only two

They lived a life so happy  
Until they learnt to know  
The difference between the sexes  
That day the world begun

Multiplication was a fact of life  
The more we made the better we were  
Women's gift of life proofed strong  
Mans making seems to be long

When time passed by the more they came  
Nature tried to destroy them all  
Buts were was gone on one side  
The others came back with even more

Slowly the world is overgrowing  
Like weed we growing on  
The more we make the less we have  
Is nature losing after all ?

The wind, the sun and storm  
How strong they are  
They wipe out the weed so many times  
But still they return stronger then before

Arnaud van der Veere

In the night you close your eyes  
when you do it very hard you see the stars  
and when you open your eyes in the darkness the stars will still be there  
This is like hope  
when you wish something to happen  
or process without eager  
your work will reflex success  
First you have to give something  
than the returns will always come  
sometimes instantly  
sometimes in time  
Giving without asking for return is real giving  
asking for return will not be rewarded

Arnaud van der Veere

Life is just a cycle  
repeating itself one again  
in turns you learn  
but all seems planned

you walk and fall  
pick up yourself time again  
the wounds just health  
and than they ripped open again

but flexible as we are  
we keep on moving till the end  
fast as lightning in begin  
slow as snails upon the end

we try to speed it up  
with powers not yet know  
so if you fall your health again  
just fast enough to go again

experience is only a name  
for fools who never learn  
to avoid what always come  
so never look behind

Arnaud van der Veere

When you close your eyes I'll come by  
I steal your dream and take your soul  
The night is mine and I'll lead you there  
Through the tunnels of your life I'll let you see

All you desire and your deepest feelings  
I turn your heart upside down  
Play with your inner  
Like it is all mine

You let me in time and again  
It was you who wish to be owned  
Taken and surprised  
Your heart was empty and so was I

Now we filled it up with joy  
So much you ever felt before  
The butterfly in your belly  
Is flying to your brain

All has taken over and motion fall slow  
You turn at your side and deeper you go  
The feeling moved down and you cool  
The heat of your chest but your heart still full

A fire can lower but never turned of  
Who will be the fuel for next night of no sleep ?

Arnaud van der Veere

Walking on the shore I saw it all  
the sea came and went away  
just like my life  
in waves emotions come and go  
Is it true that life is so short  
sometimes it seems so long and empty  
but than when the one comes along  
so full and never ending  
The moon the sea oh a dream for me  
and nothing else to do  
just walking with bare feet  
waiting for a new moment to come

Arnaud van der Veere

I saw your mind in a flash  
thunder and lightning struck  
fire was in your body  
the heat made you tremble

but the ice of mind controlled the scene  
the fire was controlled  
the legs straight again  
but the in the inner your' still the same

control and patients is your goal  
you must to stay in your role  
to protect your inner me  
the desire to be free

responsibility is the name  
sincerity to the soul and inner self  
survive in a changing world  
bless your efforts forever

Arnaud van der Veere

In the night some of us are dreaming  
some of us are screaming  
others are in fear  
but the night stays dark

Like the thoughts of men  
you never know the next  
will it come or only go  
is it right or oh so wrong

Dark and light are always fight  
the lightning strikes the sky when clashes happen  
when they make love  
rain will wet your skin

The dark is full of passion  
lovers seems to take forever  
and fear seems so far away  
when you are with the other

Time passes by and emotions go  
feelings grow and fade away  
the darkness comes and goes  
the morning light will brighten your new day

Arnaud van der Veere

26-10-03

LOUD

in the night your thoughts come out loud  
they sounds so clear and bright  
and you are so close to yourself and to the love ones  
no distance in your mind  
distance is a thing created by time and space  
but the distance of entangled minds is nothing  
no space and time will be able to separate  
to break the not of tangling wires  
the more you try to uncloze  
the harder it will get  
so try hard to unwind your feelings  
and see they are based on fear  
fear of losing  
but how can you lose it when it is thigs to you so strong  
it nearly is a part of your body  
a piece in your soul  
impossible to tear out anymore  
the future brought something  
and only you can play with it  
like a thought in your dreams  
a part of your days  
and all of your nights

Arnaud van der Veere

in the night we dream  
during the day we scream  
working hard and care the future  
but all seems to be so futile  
like a drop of rain in the ocean  
we fall and try to make the difference  
with open eyes we see not clear  
but darkness brings more light  
the world is so much better  
with eyes closed and tender heart  
nothing to care and no fear  
we are so strong and yet so weak  
the inner you opens to all  
in faith and trust  
it opens the deepest thoughts  
dreams will answer to all problems  
a hand can mean some help  
kiss can be a hope on love  
holding someone a need for shelter  
and crying loud the fear of life  
daydreams seems not there  
but really open your eyes and realize  
everyday is a dream you meet  
nothing is more real and all is illusion  
a stranger will come and hold your hands  
he leads you to the promised land  
to life a life of plenty  
in love and harmony  
but will he come and when ?

Arnaud van der Veere

## SHINING

04-10-03

When the sun is shining warmth will color your skin  
you will feel the emotion of pleasure and joy in your life  
some days the sun will hide behind the clouds  
and rain is pouring down  
you experience the heartaches of the things that are gone  
but you know they will come back  
you can fly behind the sun and discover it will never shine again  
as you are always to late on the place it was  
so the best way is wait and see when it is coming back  
accept that time will bring it back  
but you can decide to take life in your own hands  
and run for it, find alternatives, buy an electric one  
or go to the tanning centers and feel the warmth of the electric sun  
go deeper under your skin and know what you want  
you can choose a way and life a life as you think that is best  
but the fire will be always burning  
but maybe just maybe that is what you need to keep the fire in your life high  
walking alone can be peaceful and release full  
but know you will never walk alone !

Arnaud van der Veere

Impressed by your look, silenced by your presence  
Serene and quit you seem to be, so small to fragile  
The pain of all those years has carved your face  
Your softness and sweet appearance has flown away

Was it me that hurt you so much so deeply ?  
The words I spook, the passion I showed were real  
A feeling of sadness and a mountain of guild  
Comes down on my shoulders and weighting like earth

Destruction in building a life of your own, so painful  
No friends in this place, no shoulder to cry on  
The one you have sacrificed all your life for  
Left you cold standing alone

So much sorry I feel  
I cannot express  
But it weights like the earth  
And make me feel really bad

Why did I do it ?  
What has changed it all ?  
Scattering dreams like snow in the sun  
Still question myself why did it come so far

Dreams of you are still so sweet  
See you running and jumping  
Holding you tight  
And kissing you all

But awake knowing for sure  
That will never come true  
I made your life like a hell  
Just with a goal to life for another

A dream, a task and a duty for others  
You gave up your own things  
And will work till it is done  
When will you rest my love ?

My thoughts are flying over and over  
No way for me to bring back the past  
But is that what we wanted ?  
No future at last.

My love never died nor famished a bit  
It was steady as ever  
Knowing that you are the one

And no one ever will come to replace you in time

Hope you will read this in time  
Do not expect any answer  
But just let you know  
Where ever you go I will be their

Arnaud van der Veere

### CONNECTION

I close my eyes and concentrate  
slowly move to deeper state and contemplate  
become one with the inner me  
and let the feeling grow from my stomach like a tree

my head is filling with emptiness  
it feels like the crown of a empress  
energy is filling all my vanes  
muscles contract so strong and become strains

straight my back  
my head deep in my neck  
I feel the turning of my power  
all is happening on a late hour

when days comes and go  
like the water in the river flow  
sometimes as wine so sweet  
it makes me very dizzy indeed

why life has so many turn arounds  
the others make so many sounds  
when I am looking for a way  
that will give me a steady stay

it is important to become one with all  
time is not important anymore and shall  
pass away like it always did before  
but in this state of mind it does not matter anymore

By Arnaud van der Veere

## DANCING

Dancing with the rain  
In the wind we move  
On air we walk  
On earth we life

Let us grow some flowers and the trees  
In time we plough the earth with our feet  
The constant moving of the hips  
Rhythm of the falling rain

Smooth the water falls over our faces  
The closer we come  
Wetter we get  
Wind is blowing in our cloth

A dance of rain and sun  
Sometimes we cry like rain  
Our hearts can burn like sun  
And nothing can stop us any more

Passion of the heart  
Heat of the blood  
All change in movement of the feet  
As a tango of the night

Arnaud van der Veere

## CHRISTMAS & NEW YEAR

Another year passed by  
We all had our tears and laughter  
Some days were long and night too short  
Now the days of warmth had come again

Rejoice in song and chapel  
The sounds of bells come in our heads  
Santa's laughs are heard everywhere  
And lights sprinkle everywhere

Please sit down for some reminding  
What have we done this year  
Did we meet the friends and lovers  
Have we made more of them this time

A new year is yet to come  
New sounds and energy will fill the air  
Some good, some bad will pass again  
And more memories will fill our heads

But here and now my friend I wish to say  
Thanks for all your company  
As a person you are so well appreciated  
Whatever the year will come your memory will not fade away

So thank you once again of being our friend and shelter  
In times of storm and rain  
We open our houses to welcome you  
Like the baby we always remember was welcomed on this earth

In all the world we will try to be your rest point  
Your trust is valued by the day  
And ever we will do all we can afford  
To give you shelter when we can

Never forget why Christmas stands for  
To be humble and true  
Respect each other and give the honour to the one  
Open your heart.....

Arnaud van der Veere

## Busy

Being busy is not worse to do  
only when you are boring and feel not to  
but I like of what I am doing all the time  
sometimes my job is my prime

but that is what you get when working for yourself  
no time to waist or fly around like an elf  
but sometimes late in the day  
you wish to have more time to play

some clinging with a girl or so  
or going with friends just for the go  
wasting time as if it had no value  
but than realize that it cannot be true

we all have a little time to spend  
and waiting for a new message to be send  
a sign from far above that it is enough for now  
so much power is released that we all will bow

in dust and press our faces  
to the ground near our laces  
but when we raise up again and see  
the beauty of nature in a tree

a smile is on your face  
sometimes you step away from the daily race  
and take time off to relax with you  
but only when you let me to

Arnaud van der Veere

## SWORD

AT THE END OF MY SWORD  
HANGS THE SHARPNESS OF THE WORD  
A SAYING CAN BE AS SHARP AS MY KNIFE  
AS THE SCREAMING OF A WIFE

SOFTLY THE BLADE WILL CUT THE MEAT  
LANGUAGE COULD BE MISTREAT  
HANDLED WITHOUT ANY SENSE  
THE EFFECTS ARE SO IMMENSE

IMORTALS WILL NEVER WALK THIS EARTH  
WHAT YOU SAID DID REALLY HURT  
MY HEART WAS CUT OUT OF MY CHEST  
AFTER ALL THOSE FIGHTS I CANNOT FIND ANY REST

THE BLOOD FLOWS FROM YOUR VAINS  
I HOPE IT WILL LEAVE NO STAINS  
RED IS ALL I SEE AND FEEL  
THE WORLD IS NOT FOR REAL

WHEN I ENTER YOUR BODY THIS WAY  
WHAT ELSE CAN I SAY  
IT IS MY INTENTION TO BRING YOU FAR FROM HERE  
TO THE HEAVENS AND FESTIVALS WITH BEER

WE ARE WARRIORS FROM INSIDE  
ARE WINS AND LOSSES CARRY WITH PRIDE  
NEVER WILL SURRENDER  
IN LOVE WE ARE SO TENDER

BRING HONOR FROM THE BATTLEFIELD  
BLOOD LEAKING FROM MY ARMOR SHIELD  
AS A MAN NEVER FLED FROM ANY FIGHT  
I WILL MAKE YOU FEEL A WOMAN FOR TONIGHT

Arnaud van der Veere

## DREAM TRIP

As in a dream I saw you standing  
You took my sight all the way  
My breath and control was gone  
Emotions took over my heart and my soul

So full of passion, hunger and needs  
A moment in time is all you may give  
Your name will be written in diamond and gold  
Steps you are taking sounds music in my ears

In clouds my days come and go  
Each time I am waiting for your image to show  
Are you for real or just in my dream  
You beautiful creature come on to me

I will make you a heaven  
Will cherries the earth you walk on  
Breathe all the air from your mouth  
Kiss you from morning till night

Lets go on together  
To a heaven on earth  
Make a dream of the day  
And nights never ending

Arnaud van der Veere

## LOST SON

A son we lost him twice  
to hard to carry  
to much to bare  
when will we meet again my loves ?

Time after time the tears run down  
so empty is this life now  
no music that sounds around the house  
no noises that rocks my day around

You left this life to soon, to young to die to hard to life  
was it worth to come around and shined in my life  
i've seen you grow up from so small to so tall  
you Englishman to the bone

A son we lost him twice  
to hard to carry  
to much to bare  
when will we meet again my loves ?

I saw you dancing in the room  
in style and always in the line  
you never slipped your role  
the perfect gentleman

A son we lost him twice  
to hard to carry  
to much to bare  
when will we meet again my loves ?

Water was your life  
sailing a passion  
your father your mate  
and together you sailed the world

A stone, sculpture or painting  
never escaped your attention  
your passion of arts  
so strong, so deep

Now I see you lying down their so quite  
dead has chosen you this time to come  
why this family so hard and oh so often  
a question never to be answered

A son we lost him twice  
to hard to carry  
to much to bare

when will we meet again my loves ?

But you brought us sounds of joy  
the pleasure of the dance  
memories so sweet  
never to forget

To young to die to hard to live  
the music carries on  
we'll keep the sound alive  
and dance till next time

A son we lost him twice  
to hard to carry  
to much to bare  
when will we meet again my loves ?

Arnaud van der Veere

## DAY AND NIGHT

By Arnaud van der Veere

The morning always sets with a sun in the sky  
waking up I love to look from behind the curtains as a spy  
    than stretch the body and open the mind  
    when waking up the family I have to be kind  
A smile in the morning will bring peace to the day  
    if this was true I always wonder what to say  
when I go to my work grumble faces are all I see  
    why don't they try to enjoy life like me  
A kiss from my daughter and laughter so loud  
    nothing can break the day not even a cloud  
    enjoy the breakfast altogether on a table  
    it makes the family life so very stable  
Wish I could share this with all my friends  
but seen to the size of my house I will have little change  
    the nights that past will never return  
    a passion of love that made me burn  
So when the day brings the morning sun  
I dress my self for the usual wake up run  
    the body needs to be trained  
    to keep the energy level sustained  
I have to face another day with fun and sorrow  
    like we all are afraid what brings tomorrow  
    only when just in love this problems are gone  
    I can see that in the looks of my son  
When young we all meet a new day with new energy  
we have the feeling we can beat this day, yes even three  
    the boost of love is energy from another source  
    like a burning fire with an everlasting torch  
    Come and take my hand enjoy this day  
    let us all wish to make the other stay  
    hold hands and kiss that tender kiss  
tell that when they forget it is all the day they miss

Arnaud van der Veere

## A DAY AND NIGHT

A day and a night  
Has your life become bright  
We met when the sun did shine  
Could we keep it all this fine

In darkness we are born  
We grew toward the light  
Ones exposed to all its glory  
We cry in excitement

Naked we come and dressed we go  
Scared to show our inner feelings  
We cover body and mind  
Only to a few we expose the beauty

The inner world is only mine  
No one is allowed to share  
Thoughts and feelings all be hidden  
We turn our back when attacked

Can afford no losses  
To fragile and easy hurt  
Naked in the shadow  
Shelter I will give

Come enter my world  
Feel free and give yourself  
No blame nor eager  
Just come and be yourself

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Arnaud van der Veere

## GOING NOWHERE

Morning, I dress myself like every day in white  
Check my head, my bowl and try to do everything right  
As a novice of this group I only follow the leader  
Strolling on my sandals humble to my feeder

Back in my cottage I learn the holy scriptures well  
Try to memorize every line until the bell  
Meditation time has come and I move myself to the hall  
We have to sit straight so I push my body against the wall

Hands move in devotion to the floor  
Slowly bending till my head touch the ground  
After three times moving up and start the sound  
Monotonous chanting I move away from the door

My eyes close softly and chanting goes on  
Vibrations of the sound  
Makes the mind spinning around  
After a few minutes I am gone

The mind splits away from body and earth  
Coming to a platform wide and unseen  
No fixed color not even green  
It brings you back at days far before birth

A place not cold no fire  
Every thing is striped of all desire  
Time is of no essence and has no place  
Even me has lost all face

We are one with universal thoughts  
No limitations are brought  
To stop the mind from expanding further on  
Yes I have the feeling it is easy to pass the sun

Slowly one little question glows up in space  
Why are we so busy what is the race  
Is time our only limitation  
Or are we afraid of our own creation

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Arnaud van der Veere

## FROM ANOTHER WORLD

From another world  
Another time  
A cry came from so far away  
In shock I turned my head

Again was it the sound I knew  
I heart so often long before  
No limits ever did occur  
My mind back in stream again

In my dreams it all came back  
Minds connecting and than flow in one  
A cosmic power so divine  
Stronger we became

In a wave of clearness I discovered  
It was not the force of someone  
Not a dream of nowhere  
But the finding of the one

Just concentrate yourself and flow  
Let your mind open and go  
Dream the dream of readiness  
Feel the love of faithfulness

Faithful to your dreams  
Not the one that brings you sorrow  
And more worries for tomorrow  
Life is not all it seems

Some memories are hidden  
In flashes it will come  
Only visible for some  
But for most long forbidden

Are you dreaming from the flashes?  
The ultimate in all what is  
The others do not know what they miss  
Be one with us as risen from the ashes

---

Arnaud van der Veere

## FRIEND

When day pass by you value more  
A person always near when you need  
Who share your laughs and sometimes a tear  
Of whom you can say they are you dear

In times of happiness and sorrow  
He holds your hand and follow  
Sometimes he leads and you are free  
Of thinking for tomorrow

You share your deepest thoughts  
The dreams that never will be realized  
You travel roads so far and long  
And always believe that he is strong

No matter what will happens  
Faith in him you will keep  
Your trust has never been that deep  
Your life is in his hands

But a friend will give you freedom  
So wherever you may go  
In corners of the universe  
So far away from him but never been more close

A friend can be your opposite  
Or even your reflection  
And even when you fight  
It does not matter who is right

Some nights you wake and see the future  
What will it be without him  
Will live bring the same again  
Or is it he who makes the difference

A friend, more valuable than any jewel  
More worth than anything on earth  
Will bring you to the heaven and return  
And shares the spare time like it is forever

And when growing old  
Problems become so much bolder  
Eyes more often wet  
Only suppurated by dead

---

Arnaud van der Veere

## WALKING ALONG THE ROAD

Walking along the road of life  
in turns and straight down paths  
thinking about the ones we left behind  
a thought occurred so suddenly  
not more than a flash  
a moment of silence in almighty time  
your face, not more than that  
it shocked and left just like that  
no hold nor feelings  
it disappeared faster than it came  
was it a sign or a warning  
had you left this earthly matters  
or was it just my mind  
creating images from the past ?

That night like in a dream  
again you came to disturb the peace  
a goodbye or a farewell  
cold sweat broke out and alarmed my soul  
woke up and saw your face  
just in thin air so bright  
how was you gone my friend how did you die  
no sorrow nor the earthly pain will hurt you anymore  
goodbye my friend and will see you soon again

This life has only started  
not for me but for the earth  
we have just come to go  
only hit the ground to disappear again  
a moment of your time we take  
we breathe your air and moved your soil  
just like so many we made a mass  
we will be gone so soon my friend  
dear earth we will miss you too

---

Arnaud van der Veere

## THE FIGHTER

Everyday we are ready for a fight  
The world will challenge our right  
For the power of the thrown  
The honor to wear the champions crown

Are you ready to pick up a challenge?  
Or are you training to create a balance  
Never see things black and white  
Do not look down but face the world with open sight

Go and learn your lessons well  
Stand straight every time before the bell  
Never let your faith go down  
Build your body and mind like a town

Step by step you walk the path to fame  
Never forget the place you came  
Be proud of what you are and have been before  
Keeps the fire in your heart burning more

Only that you will make you survive the training  
The hardship of tears and raining  
The hits and punches that will land  
And kicks that make you bite the sand

Be proud of what you are and reach for now  
Let them talk and see that you are not a cow  
Like them just follow all the rest  
You are one of the best !

No one ever will forget your name  
Written down in roads of fame  
Or in the hearts of others is just the same  
You have shown the world for what you came

Arnaud van der Veere

---

## EVERYDAY

Everyday we are ready for a fight  
The world will challenge our right  
For the power of the thrown  
The honor to wear the champions crown

Are you ready to pick up a challenge?  
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---

By Arnaud van der Veere

## MORNING CALL

Every morning I wake up late  
after breakfast I walk to the gate  
to go my usual way  
nothing exciting to say  
but I want so much more  
this is not life is made for  
I want to break out  
let the world hear how I can shout  
I am here and let you all know  
I make life worth and will go

I am longing for so much love  
and not a stranger from above  
no some arms that hold me everyday  
I miss that but will not pray  
till you have time for me  
and make yourself free  
life is sometimes rolling on  
and I do not know what I begon

I feel so unsure of everything  
knowing someone in the world find me a king  
although I am a woman small  
he thinks I can beat them all  
why I feel so strange when he  
tell me that he can see  
the little light far in my eyes  
but do I really feel a surprise

no he made me feel a special way  
a person that I will never betray  
is he a friend or what  
in my mind I am doubting that  
so confusing it all seems to be  
and hope he will make some time for only me  
waiting is all I can do and thinking deep  
even wondering in my sleep

By Arnaud van der Veere

---

## EVERLASTING GLORY

The soldiers went to battle  
A country was on fire  
Fears they will defend the nations pride  
So many will then die for

Freedom for the people  
Schooling for the kids  
So they will learn why they will die for  
The nations pride and fear

One day they all will call for  
The army fears and strong  
Months they will be suffering  
From the torture of the training

Proud they will show the uniform  
Decorated with all signs  
And the ones they will fight for  
Laugh and never will see the fear

In palaces they will sit and decide  
On banquets lives will be honored  
Of the ones that are dying  
They speak of honor and pride

A war is never any pleasure  
But history is in the making  
And who will be written over  
Most soldier's stories never told

The crying of the battle  
The screams of all who die  
And a the silent comes thereafter  
In peace the family will cry

And all what is left to grieve for  
A statute of the beloved  
Never a kiss or a hold from  
Cold inside your heart

---

Arnaud van der Veere

## DREAM TIME

Nightfall, eyes closed and floating away  
Slowly moves the mind from clear to nothing  
The warmth of the night has come over you  
A smile so sweet, makes your face so beautiful

Your body is moving  
First slowly than faster  
In the rhythm of your dreams  
The warmth of your body is higher

Seems you enjoy what you see  
Is it a light or just a shadow  
Adventure you never dare  
A love you still despair

In dreamtime you are just alone  
No share with anyone  
So how can I come in  
Be the dream of all your soul

---

Arnaud van der Veere

## GONE WITH THE WIND

Gone with the wind you said  
you my new friend when lying in my bed  
ones you had a friend for long  
he left you like in many song

But you was not sad or tired  
you did fight back and was not fired  
the men at your work made you the laughing stock  
but you did send them all a cock

The drawing was not appreciated  
but all the female anticipated  
they saw you was the victim in this case  
and started with the male chase

It all went from bad to worse  
but the blame came back to you of course  
now you laying in my bed and cry  
they send you away without a bye

They kicked you on the street  
and that is were we did meet  
just as the accidental flow  
I was running away to go

I had just left my wife and kids  
made the decision in a flits  
had to save my inner world for falling down  
every one seem to be out on my crown

But did I do it just right  
we are laying in love and sight  
both in our own world of problems deep  
slowly we fell asleep

By Arnaud van der Veere

---

## CRYING IN SPACE

A cry in space for all the time  
are you their or anywhere  
you wish to answer or will keep silence  
are you the one or is it the other

Feel like a stranger ringing on your door  
in hope to meet a friend  
but scare to find a closing door  
maybe rejection or worse

This is a humble knocking on your door  
a hand to make some friends  
to offer you myself  
not as a minor but as an equal

Maybe you are looking to  
is this the friend or just a stranger  
what will it be this time  
again a call of fear

You only will know the answer soon  
if you reply this simple gesture  
of a hand reached out to you  
from a stranger on your door

---

Arnaud van der Veere

## JUST ONLY FOR YOU

I bend my head in sorrow  
thinking of all I have to do tomorrow  
my plans must be made  
and get approval before that date

hurry, I have to think  
my thoughts are turning pink  
I feel my stomach, butterflies come in  
worries in my head and the rest fun of sin

oh yes that is what I need  
men around me with a lot of greed  
they want my body and my mind  
they expect me to act very kind

but my future is at stake  
how much money shall I make  
but am I a genuine person or just a fake  
I touch my legs and see them shake

Hormones of hell are boiling in my blood  
stress comes over I nearly forgot  
desire fills my body and my soul  
what things in this life are my goal

contraction of all my muscles, a cramp  
sometimes I look in the mirror and feel a vamp  
now control my emotions and let it flow  
relax the mind and let me totally go

a hand slowly goes down over my back  
shall I wait they give me or do I take the sack  
the job is so very demanding and my days  
again will be filled with prays

do I want to work and have less private life  
or wish to be a loyal house working wife  
waiting for my husband to come home at night  
or do as what I feel is right

so make up your mind my friend  
your life is for you and not at an end  
today is a day for this faith  
the next decision can wait

---

Arnaud van der Veere

## WE WENT AWAY

In turns we went away  
Starting from today  
We will stay the place we are  
To fight for what we reached so far

Not knowing what would come  
Cause you are so different as were my roots come from  
Like a magnet we smashed into each other  
Even the first meeting the world did not seem to bother

A moment holding your hand for me  
Makes the ocean of emotions come free  
But we can not let it run our life  
Or we will not survive

So much we have in love affairs  
But we know that no one cares  
Instead we have to dream along  
And give each other in a song

We scream and shout so loud  
Cause both of us is proud  
We are a perfect couple here  
And know that no one can come so near

In your body and soul  
I like to play a role  
Never care I am up or down  
Always let you have your crown

---

Arnaud van der Veere

## SLEEP ALONE

In the night when I sleep alone  
A dream comes up from so far away  
Distant lands and hidden thoughts  
Only for a few to enter

Remembering times that has past  
In flashes also the future  
My mind is like a floating ship  
Unknown were to go

So intense but yet so far away  
My body screams for more and over  
Still in my bed I am laying over  
In the morning when I wake

Tired of the night  
But with a mind so bright  
Longing for the day the dream  
To realize the contains

---

Arnaud van der Veere

## SWEAT

in the night I always feel your body sweet  
smell your incense from the place we need  
feel your mountains in my hand  
they are the most beautiful of the land

when the eager comes all over me  
and temperature between us raises over three  
swallow parts are looking for shelter warm  
so I cannot just lay on your arm

need to hold you very strong  
make love to you very long  
this night is only for us  
we have to make it into the plus

let us not temper but light the fire high  
you must go further and scream till you cry  
in ecstasy I want you to be  
and be there for always with me

feel our bodies come inside each other  
our minds turn completely to each other and do not bother  
there is no one else that matters in this world than you  
this is making love and only between us two

I see the passion in your eyes burning  
we go from move to move and both are learning  
the heat turns on and lightens us more and more  
we go on and enjoy it as never before

---

Arnaud van der Veere

## EYES EXPRESSION

I saw the expression in your eyes  
When I met your wife  
My world fell down apart  
A mechanical smile changed my face  
The feeling was so odd  
Do not know how to react but go along  
To you I seem to be very strong  
But inside my heart lost many beats  
In fact I wanted to turn and run away  
Don't face the one I dislike most  
It is like you never realize  
That my heart belongs to you  
Feelings cannot be changed  
Tonight I will sleep no more  
A fire in my head will prevent it  
My heart is weak as waters flow  
Somewhere I found the strength to keep on walking  
I realized my mouth kept on talking  
About all topics and so free  
My eyes realizing it was not me  
But the time is passing by  
Life will not anymore be the same  
I have seen her before you came  
Instantly knowing she was with you  
All your children were laughing me to  
They are so sweet and nice  
How can I heart this paradise  
These kids belong to you  
Ones I wished to have them to  
But time has not giving me a chance  
So I have to consider this at last  
What shall I do with you from now  
Are we going be good friends  
Or lovers like we ones were before  
All has changed and what am I ?

---

Arnaud van der Veere

## HURT

By Arnaud van der Veere

Hurt, it is a feeling so deep and sharp  
like a knife it cuts your heart and brain  
some are hurt so deeply they turn insane  
others return the pain in warp  
hurting the other is like a boomerang  
it always will return on you in time  
the other will feel you have done a crime  
they will do at ones or wait .....  
specially when you do it with no intention  
you cannot understand the harse retention  
the other side will always thing you do it with pleasure  
just as enjoying it in times of leisure  
looking in the face of the one who suffering in pain  
the eyes wet of crying  
inside you see the other dying  
you are standing trying to find a place for your hands in vain  
you don't know what to do and feel so sad  
you want the hold the other to relieve the aches  
but you know it was you that made that body shakes  
and she will not appreciate that all will end in bed  
no you have to fight to get it right  
do not get out of her sight  
no do not run away but face the consequence  
try to explain why and what you said even it seems immense  
stand straight and let the other say  
listen and accept the sharpness of her pray  
she has also her rights to kick you back  
maybe yes you will get the sack  
but accept it as a man with balls  
tell you are sorry and lost your way  
and did not think of the effects when you did say  
do not try to do it only with your calls  
saying sorry is not easy I know  
but doing it will let a relation grow  
it creates some understanding for the other side  
and will not take away your pride

Arnaud van der Veere

## HURRY

By Arnaud van der Veere

so many days has past  
when was it you saw a shadow of me for last  
running over the world everything must be done fast  
even in my dreams i can only be your guest  
do you still remember our nights of passion  
time is changed and they are no longer in fashion  
everything must be in a hurry judged in time  
no sweetness anymore all taste like lime  
Jesus cannot save us anymore  
Buddha cannot reach our soul, our core  
all so dear to all  
cannot free us from the fall  
we are moving into a new time to find  
fortune and fame and forget the kind  
of world we are moving over in a rush  
all life on the way we do crush  
sorry I have no time today my love  
making money, fame and fortune all go above  
your little hopes of peace and strong desire  
all you can do is hope and keep up a fire  
time of work and rest  
you know life offers more and all the best  
when you lay down in your bed  
with close eyes wishing you were dead  
is this the life you had planned  
or are you creating your name into a brand  
a sticker written on, this peace is of high value  
treasure it as if it was something true  
oh life is so short and I still to do so many thing  
shit forgot to send you my wedding ring  
oh you have left me for another  
is that something I have to bother  
rush my friends, always running for the goal  
race for pride and winning like soccer players for the bowl  
we've got no time to take a rest  
run like crazy till we kill our self at lest

Arnaud van der Veere

## HOPE

In times of despair and lost  
We look for hope whatever it cost  
We need a hand to guide us right  
And someone within our sight

It never matters man of wife  
The person must find our drive  
Fuel for our internal motor  
And give a swing on the rotor

Sitting down and feeling shit  
Knowing that this life is not it  
We were looking for more power  
Not waiting to pass every hour

To feel that we are here and strong  
Not down and so very wrong  
Out placed is when we are not home  
Being threatened by the discrimination syndrome

Oh you wish to turn your face away  
Do not take part in this array  
Be on an island or so  
Get out just want to go

Than you get into your bed  
Still feeling lousy and so sad  
When wake up early in the morning  
A new day without mourning

Know that out there someone love you badly  
Waiting like you for a meeting sadly  
Eagerly looking for you everywhere around  
Trying to do it without making a sound

And than you pass him everyday  
Never knowing what he will say  
Just when you look a moment in the eyes  
Always in a hurry so no time for twice

So when you get your chance open your arms  
Consider that even for a moment it is good to feel some warmth  
Because that little moment of your time  
Letting go is not a crime

---

Arnaud van der Veere

## LEAVING YOU

I remember all the days we spend together here  
In love we had the greatest plans and never looked near  
The facts we faced nothing seem to be real  
All problems could be solved easy as we feel

But than the days passed and life became more troublesome  
Plans flow over and the sweetness did not come  
Family affairs and the taste of freedom both  
Did us forget the contains of our oat

You always was there to hold my hand  
I remember the days we spend  
Hugging as we will never be apart  
And after every fight a new start

You thought me how to climb the steps of fame  
And showed me that nothing will be free when it came  
Life was not a play yard anymore and serious you said  
We cannot spend all our life in the middle of this bed

Now I left you all alone  
I decided it was time to be gone  
Give you back the freedom of mind  
You always have treated me kind

Now I will walk alone again and try  
Be brave and never shy  
Looking at the samples that you gave  
And will carry you in honor to my grave

---

Arnaud van der Veere

## LONG DAYS

Often the days seem so long  
In the morning I feel so strong  
But when the day is passing by  
Energy seems to running dry

Like water wet and sweet  
I will do everything you need  
But limited are my ways to go  
In time and space our relation will grow

Sometimes we are so near  
And everything of you is so dear  
We enjoy and dream  
Reality is so far it seem

When I close my eyes I see  
A future like a cloudy tree  
So many branches everywhere  
And roots only we will share

From that little seed of love  
And the twinkling bells from far above  
Each flower represents a child  
We made all of them in wild

More of us will come and go  
Never escaping taking part in the show  
Our life is like a spinning ball  
Never will end up against a wall

---

Arnaud van der Veere

## NIGHTS I LAY DOWN

by Arnaud van der Veere

Nights I have lay down thinking  
find a way to become rich and famous guy  
afford myself the dream life before I die  
but finally end with to much drinking  
They can do what every comes in there mind  
driving big cars and spending money everywhere  
not thinking of the parties but being there  
just walking around and being kind  
a fight or a small riot with the wife  
a new girlfriend or some sexual drive  
all will be written down and readed wide  
being famous is strongly depended on the tide  
in my nights I am always on the top  
never I realized that the life did come to a stop  
no changes has been around for long  
even the body is not anymore so strong  
the girls I always had admired  
now are old and almost all are fired  
lost there jobs and no more pleasure  
they carry there old pictures around like treasure  
look that was me when showing up  
when I had the life of a famous pinup  
yes daily another man for me  
you don't believe, here is my dairy  
so long did all the lights turned off for them  
no longer they are considered to be a gem  
but am I so much better off than they  
if I look in the mirror my hair gets grey  
yes time pass quick for all my friends  
we cannot keep up with all the trends  
older and wiser we all will be  
non of us can avoid it you see

---

Arnaud van der Veere

## NIGHTFALL

Nightfall came suddenly  
The sun was shining so bright that day  
I met you again and heard your story  
My mind tuned down to the lowest level

I felt betrayed and so very lonely  
It was cold in the heat  
My heart started to beat a false tune  
When I knew my life became a ruin

No need for me to see a ghost  
I had become one myself to the most  
No cure no remedy will be good  
And in the world no friends to understand

The story was one many have heard before  
You will leave my freedom and more  
But I want to be in your prison here  
You be my guard and control the atmosphere

No need to breathe fresh air every day  
I like your body odor and want you to stay  
Feel your skin and touch your hair  
You will be my reason in times of despair

But now you have turned your back on me  
Have my tears even impressed you more than she  
Or was I just your toy to play around  
A puppet that made a silly sound

I do not believe it because when you came by  
And told your story so we both did cry  
The feeling it will last for ever  
Came over me and left me never

What can I do this moment, wait and see  
Till you will find to explain all to me  
Did I waste my precious time on you  
Or do you still love me to

---

Arnaud van der Veere

## Night

Sitting down in front of the mirror I see  
A face that time has not saved, it is me  
I close my eyes to see what life has done inside  
My feelings still in turmoil from the fight

Was it me or you that warned them all  
That what we did was meant to fall  
Life is yet so complicated  
For so long we communicated

We found the road has many sideways  
So many believes and more prays  
The growing number of who wish to follow  
The rhetorical sound so empty and hollow

Like I was standing on a mountain  
Spreading my words around like a fountain  
Thinking I was warning for a danger to come  
But the harder I should it was only heart by some

Was it me that brought the message loud  
Of war and destruction of our beautiful earth  
Thinking to stand steady on a cloud  
Or was my thinking that did give the birth

My head was spinning around  
All motions were changing into sound  
Softly I did close my eyes  
Knowing when I open them all I will see are lies

---

Arnaud van der Veere

NEVER SAID AGAIN

Never again I said  
the days I've been crying are over  
stronger than ever I felt  
my head back in the wind  
and no one ever could stop me again

But all happened so soon  
in a flash I lost all control  
it took my mind like a storm  
my emotions became thunder and lightning  
the moment your body was near

How could I come this far  
did I meet the one and only  
or was it the attention  
I needed so much  
the trust for warm arms

I need to be loved  
give my body and soul  
to long I was in control  
no emotions I felt  
realizing that also me is just human

Decisions are made  
today is the day  
I finally will make up my mind  
but with just one call  
the world stopped again

What is it what you have  
are you magic for me  
were did I lost myself  
can I find it back one day  
please tell me

Time has past and my mind is clearer now  
I have waited to long  
the eager is gone and doubts are all over  
yes my body is hungry  
but my mind only worry

Is the future so uncertain  
what will it bring  
being lonely is one  
but no love in my life  
I will not except this anymore  
Arnaud van der Veere

Looking for new will bring me sorrow  
a search for another  
is painful and sick  
it drives me crazy to think  
sharing my life with another

Looking around I discover the world has kept moving  
no one has waited for me to solve my problems  
they kept on moving and left me behind  
I have to run to take back my time  
all to sudden I realise

Life is all in my hands and mine alone  
it was not given nor taken away  
he did not manage nor control a thing  
it was just me and myself who did it all  
now I have it back and be it all

Waking up in the morning I felt so strong  
this feeling I did not have for so long  
a sense of freedom has filled my heart  
no one could hurt me again  
I still love you but leave you behind

Goodbye my love I will move on  
let time be friendly to you  
but deep in my heart I hope  
it happens to you !

---

Arnaud van der Veere

## MOMENT OF SILENCE

By Arnaud van der Veere

The garden silent  
we have banned the violent  
the thoughts of sine  
we do not allow them in

Mind empty, eyes shut  
body straight up, on my head my cap  
hands in my nap  
sure to be alone in my hut

Far away from all  
keep mind clear from all gall  
moments like this are serene  
only the inner to be seen

concentration  
meditation  
contemplation  
expectation

deeper I want to be  
sharing the eternal me  
with universal power  
feel the energy shower

only eat and drink  
washing in a simple sink  
no luxury items here  
no alcohol or beer

living lonely as a monk and fly  
years of meditation passing by  
no one will remember  
that I left in September

nothing is new or seen  
old has always been  
future will be past  
and all is happening fast

---

Arnaud van der Veere

## MEN'S TALK

By Arnaud van der Veere

Hey did you saw that little chick  
men she should learn to know my dick  
guess she will learn to know a real man  
when she feels one when she can  
The men so bold and fat  
did never think of the words he said  
his hands playing with his belly  
that softly moved around like jelly  
ugly and bold his face  
still thinking he was in the race  
but he lost attraction years ago  
and his reputation with the women was so so  
most did stay away from him  
most did advise him to trim  
get some running and eat better food  
what ever happens it will do you good  
but every evening is his pub  
hidden behind his giant cup  
the men were al so full of pride  
but non ever had a bride  
yes sometimes they felt so lonely  
but silenced that feeling with thinking he was not the only  
went to pay for another pleasure  
who never gave him the feelings of body leisure  
but after his heroic deed  
she kicked him away on bare feet  
next she shouted very loud  
and then the other fool showed himself so proud  
will they ever learn to see  
that they are the fools of tree  
no not the beauty that moved by  
cause they know she will never try  
she will never look at them at all  
she considers them pigs in stall  
stinking and disgusting she will turn  
before she ever try she will better burn

---

Arnaud van der Veere

## Looking for

Love is a dream we all looking for in life  
sweetness exists in our search for a wife  
hope to find the right one indeed  
but always wish the best one in greed

The wife in her turn always wish a better man  
till she found that it is easy and she can  
on a morning she placed an add  
the reactions made her sad

Knowing that the ideal person is not here  
we have to call each other dear  
maybe a friendship is the start  
and bring together who are now apart

Seeking for a friend you did for long  
now he is her in this short song  
he wish to sing you into sleep  
and wake you up from the deep

We are waiting for the answer of the other side  
let us learn to kept each others pride  
and do honor our culture to the end  
she this message as an invitation to be my friend

---

Arnaud van der Veere

## Lonely without

another week has passed away  
again many thing I want to say  
but have to wait till time passed day by day  
oh yes often I sit down in silence and pray

it is strange I miss you so  
every time I see you I do not want to go  
but work and others pull me away  
every time it is to short to stay

and when we met we talk around  
filling the room with our oral sound  
but in fact we just want to hold  
and do what no one ever have told

yes my thoughts are often at your side  
wondering how you do in this new tide  
things all have changed for you  
and life has not become more easy too

but both we struggle to stay alive  
and work for a target and a strive  
hoping to reach a target soon  
so we can emigrate to the moon

hope next time I see you alone  
in silences we will clime to a thrown  
sit in peace and watch each other long  
and then hold very strong

make a memory of what could be  
and in our minds we always see  
a vision of a couple walking away  
to a life in which they will be together and stay

---

Arnaud van der Veere

## Reasons unknown

Speaking of the devil he walked in to the room  
A smile on his face and looking dark as doom  
No wonder people try to avoid him every time  
His dark nature did involve him in much crime

In the night he came to life  
In contrary to his wife  
She went to bed at latest light  
To spend her joys with others in the night

One day he came across some other evil being  
It was not late and it was due to a fore seeing  
He stood there waiting for a meeting, alone  
It was a time and a place and everybody was gone

He heard a sound of screaming loud  
Some one was killing another without any doubt  
But what should he care  
It was not his affair

Suddenly a man approached him from aside  
He got a shock and felt for the first time freight  
It was fear in his heart that started a fire  
The man said things that did him inspire

Not many words were said that day  
In fact the emotions were more than words can say  
He turned away from the harbor and in search for peace  
He found some quite places within reach

A smiling monk came out an open door  
It was a place he had never seen before  
The rest took a place deep in his heart and soul  
And turned a hardened criminal into another role

His life is unknown to us all  
We never will know his rise and fall  
Unknown as he ever was before  
He still have a lot for you in store

---

By Arnaud van der Veere

## STRONG

By Arnaud van der Veere

Muscles like rocks so strong  
To make them you need to work out long  
They do not come overnight  
And the ones who have can feel some pride

But how many do understand the wish  
To express strength as giving a kiss  
It is not the muscles that made the man erotic  
The combination with the brain that made exotic

A real man is strong and wise  
He wish to bring the woman to a paradise  
Not just a come over and lets go  
No the play take long and emotions flow

Strength of training bring hormone level high  
You cannot say in the middle of a training just bye  
Results come only step by step  
To come that far you have to pass so many trap

Nothing come just like that  
Discipline and daily early to bed  
Food in time and carefully selected  
Make the man strong and erected

Yes the hormones will grow the natural way  
With some so much they are eager to play  
They take hours for you and make you stay  
After that you are very sure they are not gay

The body strong but hands are tender  
Make that you only want to surrender  
Give gladly all you have for every hour  
To end up finally in the shower

---

Arnaud van der Veere

## SOMETIMES WITH CLOSED EYES

Sometime I close my eyes,  
Sitting still and looking wise  
My mind is floating everywhere around  
My lips are whispering that tiny sound

It is a dream I 'm looking for  
Not for sale in any store  
Just a fiction in my mind  
But I'll keep on looking till I find

Don't know what it is that I always miss  
Longing for a body or a kiss ?  
But than my mind set on a tour again  
Sitting on a holy site and shout amen

Twisting faster than the light  
Going from one place to the other sight  
Watching all the eyes that look at me  
Knowing that I feel really free

The rhythm of my heart goes fast  
Speed up my thoughts to learn at last  
That nothing goes that slow  
As me trying to make my body go

by Arnaud van der Veere

---

## SMILE

It were your eyes that attracted me at first  
Not the bottle you drunk to clear your thirst  
The mouth was not even placed in a perfect line  
The only thing I wanted you must be mine

Nothing romantic my eager was so very flat  
A rushing bloodstream colored my face red  
I wanted to have you only in my bed  
It was impossible is short time they all said

Ones I knew you better and cooled down  
Realizing you never will be a pearl on my crown  
Of all the women I have been chasing  
Are you one that made me amazing

Like a monkey I followed your path  
From morning to late night I sat in front of your flat  
Dreaming what I could say to you when near  
But dare not to come even close here

In my dreams I have done everything  
Saw you walking in a string  
Was kissing you for hours long  
Waked you every morning with a song

But only say a word to you made me tumble  
Bowing my head and let me only look humble  
My friends know what I did not want to be  
I was so much in love and even lost myself in me

When you heart this silly things you came and gave me your smile  
I wanted to run be away from there for at least a mile  
My feet did not move an inch  
At I was stuck and someone pinch

Being one with mother earth that day  
Is all I could bring out and say  
You invited me for diner  
To come closer to your inner

That night you reached me all the lessons well  
So much and strong I can never tell  
Nor explain how much I felt for just one man  
Like I made love with many woman

I see you walking with a smile  
Already for a while  
We have not wasted anything

## SILENCE

Days past without a word  
not a sound nor accord  
wishing to know so much of you  
but it seems you do not let me to

al the time it is pushing and pulling  
cannot find what is the ruling  
the way you see the things  
is so much different than its links

why we shout and cry out loud  
is it true we are not proud  
to be seen with one another here  
guess you wish to drink some beer

going out and having fun  
things that will make me run  
not toward it to enjoy the time  
i have lost that feeling in my prime

I became older and so much mature  
to much in my head to keep thoughts pure  
business takes all my time away  
so I have no freedom what can I say

yes you was right just when you told me so  
all will make me worry and will not let me go  
days will flow like sand  
and land me travel away from my land

like a gipsy wandering around  
looking for my roots at lost and found  
but still thinking of you so now and than  
trying to tell myself that is all I can

feeling shit at such a moments and turn my head  
sitting down and feeling sad  
yes so often you had make a point of it  
looking again at my diary to make it fit

just a phone cal, a voice on the other side  
will do a lot to change the tide  
to let a smile return  
not make you feel an urn

so sorry for all i did  
mistakes i made and all admit  
for now everyday seems so full and packet

i hope one day to get sacked  
just wish to feel some hours on my own  
being with you or alone  
what to prefer is in my head every night  
hope one day can do it right

---

Arnaud van der Veere

SEX

By Arnaud van der Veere  
Slowly you feel the eager growing inside  
it feels like a thunder flash it lightens your brain so bright  
your heart forgets some beatings  
no time to bring him your lovely greetings  
the moment he enters your room  
your hormones goes like boom  
an explosion in your stomach makes  
that all you ever believed in breaks  
eager of what comes moves up your pressure  
you are looking for hours of internal pleasure  
it seems you are not yourself anymore  
no control but flashing needs and nothing that is bore  
throwing of your cloth as if you need to catch the last train  
horny like an animal not controlled by brain  
your nails are deeply in his skin  
your eyes are closing the moment he comes in  
faster the moving up and down  
he is only thinking of your crown  
it brings the man in him hard and strong  
moving in the love rhythm is nothing wrong  
the flashes in your brain are like the waves of sea  
nothing in this world just you and me  
screaming of sensation when you come  
this feeling you will only share with some  
then when finished as a lightning ball  
moving from the top of the mountain in a dall  
then let the water flow like a river deep  
to dazzle off in a dreamless sleep

Arnaud van der Veere

## RUNNING AWAY

A road so long ahead of me  
In distance never seen  
The end to far, unreachable  
But eager in my heart

The burning of desire  
The wish, the wanting, the need  
To run to the end  
To look over the edge and see

What is on the other side  
Never believe the other  
Trust is not for me  
Running to the end

Wishing to be never seen again  
Disappear for all my friends  
No hiding but just running  
To win and overcome

Glory is but for few  
To share that little feeling  
Shelter in its light  
All eyes look up to me

Running away for here  
Never to return  
Leave nothing but a trace  
A vague smell of ever been

---

Arnaud van der Veere

## ROLLING STONE

Life is a strange phenomenon  
It took nine months before it become  
When living the life you will find  
So many times it is not at all kind

The stones go from big to small  
Time will break them all  
To sand and than to the sea  
So much different than we

We start from tiny cells  
And grow up to be rebels  
Shouting and screaming to let all know  
How fast we have grow

Not knowing all is just in vane  
Because society is completely insane  
We rape and kill for fortune and fame  
Compared with the animals we are not the same

The slaughter when in need  
We kill off the seeds we breed  
And go on like a rolling stone  
Must the world be happy when we're gone ?

Why do we work so hard  
To take even the most pretty things apart  
The things we cherries and admire  
With hearts full desire

We are born naked and without defense  
To kill the innocent is an offence  
Bring peace to all the world with all  
Make love and stop the war before we fall

---

Arnaud van der Veere

## RIGHT NEWS

By Arnaud van der Veere

A messenger came by today with a word  
the old fashioned way he did sing his accord  
it took him quit a while until his song was over  
the message although dramatically brought was very plover

the contains was only a small hello from you  
after al I expected something more to  
but no you kept the road blinded as before  
the trees had covered the meaning, the core

sometime I see you standing there  
the places we went to seems to be everywhere  
I hardly remember any thing without your being here  
the nights you left me in despair

but hey I got you back that day  
I was not home when you came and say  
you will leave the house and took your things  
and left behind all the given rings

we were friends and lovers for a time  
our relation was not a crime  
it happened to be to much passion  
and that was not according to your fashion

like ghosts we are now familiar to each  
it seems we are better friends now out of reach  
we are calling everyday and talk for hours long  
our friendship is making the other things so strong

what is the target of this all  
in fact I do not care if I fall  
I know you use to be my lover now my friend  
and you will be there to the end

---

Arnaud van der Veere

## SKY RIDER

Riding the sky on an arrow  
Fly over the world and see all over  
Crossing the mountains and over the sea  
So fast no one can see

Higher than the birds  
Faster than the clouds  
On your arrow in the sky  
And no one to see you fly by

Now close your eyes and concentrate  
Feel how your inner vibrate  
Time to escape your body  
Come on my arrow and race

We will sit altogether on a rocket so high  
Moving and screaming so fast we fly  
Excitement all over and blood running fast  
Stars are twinkling all in your eyes

The faster we go the hotter it gets  
Fire in the tail and wind in the head  
With the speed of light on and on  
To were we'll never know

Wake up from dreams so deep  
In sweat we turn and sweep  
This time we went round and round  
In movement we all have found

No rest nor peace but flying free  
No time nor space  
Could stop this race  
Only in our dreams we oversee

---

Arnaud van der Veere

## TIMES OF FEAR

In times of fear  
do not forget ; I am here  
to be at your side  
even when its a tough ride

The road of life seems so long  
so you have to be strong  
and up and down just like the tide  
life is a struggle, a real fight

Sometimes you feel like the boxer in the ring  
get hits and pushes and think what the next round will bring  
but you are never down or lose  
unless you choose

Look at all with open eyes  
eat the problems like it is spice  
some hot some cool  
they cannot make you into a fool

So breast up and head high  
take a deep breath and sigh  
lets fight till the end  
give back all the energy spend

Be a winner and a do it good  
do not bother in which mood  
know you are not alone  
we all sit on the same thrown

---

Arnaud van der Veere

## FALLING NIGHTS

When the night starts falling  
The heat starts calling  
We go in and out again  
Till the morning comes

Like a dream we're partying  
Feeling happy all the time  
Dancing the night away  
Moving with you so fast we can

On the day we're only working  
Oh so hard and long again  
With a boss blowing in the neck  
Screaming clients in my ears

Demanding is the world  
Less time we have on earth  
It all seems shorter every day  
No stretch in hours we can make

When you call party starts  
Just your voice set fire in my head  
My body starts to rock  
I want to go with you on roll

In the night we're screaming our heads off  
In the play we use to do  
Only we know what's going on  
Rolling the night away

In a dance we move so closely  
Bodies hit in rhythm of the night  
Waving hips and moving shoulders  
Going round and round again

In the night we're all calling  
Screaming life the days away  
Moving motions swiftly and forever  
Until the day we go

---

Arnaud van der Veere

## DARKER IT COMES

When the night comes to fall  
And darkness comes over  
Your heart starts to tumble  
And legs begin to rumble

When the night comes your blood starts to boil  
The heat is rising and your skin turns hot  
You need someone to cool you down  
Take away the heat inside of you

Make the red shining in your eyes turns gold  
The tiger in your head start to roar  
When it comes together you can explode  
Holding in your arms will be electric

A night will flash into the day  
Lights will be all over  
In your head it turns you on  
Like fire crackers it explode

And slowly you lose control  
The body moves in a directions  
Like a snake without a prey  
In the final flash you feel it all

Are you just waiting for this times  
Or will take action right here and now  
No time to waist  
Come back and call

---

Arnaud van der Veere

## WARM

By Arnaud van der Veere

Warm is my body and I am turning around  
Restless are my nights and making a lot of sound  
Others are watching me  
And do not believe in what they see

A man so peaceful in the day  
Is so restless in the night they cannot stay  
What are the dreams are all about  
They wish to see what is behind that misty cloud

But better not to share my inner life  
With friends or just a wife  
It may be all to risky telling the whole story  
Imaging the eyes when I show my time of glory

Better not tell them why I sweat a lot  
It is a very long story without a plot  
When one meets the other soul  
Both are eager to reach that final goal

Some days I sit and watch that body move  
Still dressed to kill and with that groove  
The eyes burning like fire in the rain  
No limits, no hold backs and no restrain

But I know to touch that skin  
Even a little would be a sin  
A disaster for us both alike  
Yes the result will be more terrible than any strike

But dreaming and to image can do no harm  
Like walking in the corridor just to touch her naked arm  
To get that little naughty smile on her lips  
Turning my hormones again in an eclipse

This game will go on forever  
To collide in naked pursue will happens never  
But the dreaming makes both so very strong  
On the working floor nothing is allowed to go wrong.

---

Arnaud van der Veere

## WANDERING

Wandering through the night  
On empty streets and distant shores  
Dreamy eyes in a smiling face  
Looking around to find my faith

Inside I feel emotions storming to be the first  
One by one they passing by  
Like strangers in the night  
With attention seeking bodies

None could attract my attention as the one  
A flash in my that made me smile  
Something inside me that grows so slow  
I know one day I face the facts

Is it a wonder that it can be  
A little child is growing in me  
One moment I was all alone and sick  
Crying for someone to love me tender

Now I have a little me  
Small and not born to surrender  
Oh I have never seen you yet  
But I love you forever

---

Arnaud van der Veere

## WAITING

By Arnaud van der Veere

Sitting on the seashore for long  
Listening to the sound of the monotone song  
The sea just comes and go all day  
Not caring a bit if I go or stay

Some nights I sit alone watching the lovers passing by  
So sweet when the first kiss comes and both are shy  
Hands that do not know just were to touch  
Unaware of all the others who watch

Suddenly they realise and open up  
They are in the middle of this empty club  
With all members looking for the same  
A silent place to play there game

But so many are gathering together  
All wishing this relation will be much better  
The last started so exotic to  
But all have ended in a flue

The fever of the pain and hurt in heart  
Went like arrows and filled with smart  
But the passion of lovers comes and go  
Like the sea which waves do flow

My date is waiting for me  
In the shade of a tall tree  
A kiss, seems to take hours to make  
Learn that more is in stake

This night will not end that fast  
I feel no hurry like in the past  
Everything must be done slowly and with love  
So the in the end we will fit like a glove

---

Arnaud van der Veere

## TODAY

This morning I stare out the window  
Amazed of all the beauty of the flowers and trees  
The buzzing movements of all the bees  
Taking a new day of life below my window

From high up in my flat  
I overlook the sky and city  
Wish that every day was so pretty  
Today I will meet a new friend, I am so glad

Friendship is the cream of everyday  
Someone to rely on and to have some fun  
Going to the beach and laying in the sun  
Some one to be with and wish to stay

But yet only the evening will tell  
If today is others than the one before  
And will bring me no less but more  
And hope you are the one that rings my bell

---

Arnaud van der Veere

## TIRED

Drop, my head goes down again today  
the heat, the work to boring to say  
i want some action in this life  
wow look at my boss he has a drive

coming home late of work  
trying to eat my soup with a fork  
do not understand why the others sport  
every evening seems to be so short

watching TV from the sofa in my flat  
zapping from channel to channel until i go to bed  
have learnt a lot tonight  
so tomorrow in the office I will again be right

i have seen it on TV so it must be true  
the others get there knowledge out of the blue  
they read books and other things  
stupid they hardly understand what TV brings

looking down I see a belly big  
yes that has made me often sick  
ladies seems not to be to happy  
sleeping with a guy with such a snappy

but yeah, why should I start to train  
the only thing it will bring is pain  
maybe I will become more young  
and muscles that are strong

but the ladies must not complain  
i earn money like a train  
it is boring but the payments flow  
so a wife has no reason to go

yes, my sex life is not exiting  
it cause sometimes a little fighting  
the wife did try to say something  
she still think it must be spring

no she will never leave me as she cries  
her friends say I am boring, oh they all lie  
let them talk I always say the do not by far  
how happy you are  
Arnaud van der Veere

---

IN TIMES WE ALL WILL THINK .....

The world also turns without you  
Some will miss you, others not  
A little bit of empty space  
Will quickly being filled by others

Is life just that airy  
All is fade away in vane  
No purpose for our living  
So lonely and desperate

Feelings we all have  
From time to time  
Thoughts are in our mind  
Feelings of despair

For one that airy space of yours  
Will be the biggest gap ever made  
They miss you like no other  
Their heads will be filled with only you

You may not know just who it is  
Never realized the person behind  
So near but oh so far away  
Could be friend or even more

Time you spend in feeling lonely  
With a head full of problems  
Dreaming of so many things  
Maybe wasted for no other

Open your eyes my dear friend  
Give a smile toward the other  
Cause maybe hat person is the one who cares  
Who is waiting for you like no other

Heart ship we all will have  
Life is not so friendly  
For no one it brings only joy  
In times of sorrow think about this, oh my friend !

---

Arnaud van der Veere

## PROMISE OF THE WORLD

The world alone is a promise  
Shared with others a wish  
In dreams we can life together  
In harmony and understanding

When days come and pass  
We know that life is troublesome  
For most we fear the time to be here  
But some are happy and enjoy

---

Arnaud van der Veere

## TIME PASS ONES

Ones upon a time  
So long ago the world does not remember  
We lived in peace and harmony  
The legend goes with only two

They lived a life so happy  
Until they learnt to know  
The difference between the sexe  
That day the world begun

Multiplication was a fact of life  
The more we made the better we were  
Women's gift of life proofed strong  
Mans making seems to be long

When time passed by the more they came  
Nature tried to destroy them all  
Buts were was gone on one side  
The others came back with even more

Slowly the world is overgrowing  
Like weed we growing on  
The more we make the less we have  
Is nature losing after all ?

The wind, the sun and storm  
How strong they are  
They wipe out the weed so many times  
But still they return stronger then before

---

Arnaud van der Veere

## WONDER

By Arnaud van der Veere

Dreams are spinning of the mind  
sometimes sweet and very kind  
but some nights we wake up in sweat  
laying lonely in your bed

Being frightened by what faith have send  
a lonely life with just some friends  
but is your friendship very strong  
some friends are more don't understand me wrong

They life so close but yet so far away  
only sometimes they are here to stay  
sleeping the rest of the year in another bed  
thinking of you and like you feeling sad

But the thinking can makes you very happy  
maybe you find the eternal love or be zappy  
go from one to the other relation  
like a comic with animation

The world ones was so very big  
in those times traveling made you sick  
but now in a flash you reach me every day  
and it does not matter were ever I stay

I wish to let you know with this  
maybe I am good for your valuable kiss  
but it is a change we only will meet as friends  
it all depend on the moment and were you stands

Think about a reaching hand  
do not let me sink deep in the sand  
as all the unknown that past you mail  
and left you forever without a trail

Come and drop a line to me  
do not close the curtains yet and let us see  
lets run together right along  
and combine our story into a everlasting song

---

Arnaud van der Veere

Waking up is hard to do  
Every night when I close my eyes  
I realise that they will open up again  
When morning come a new day of work

*Waking up is hard to do  
Specially when you do not want to  
Morning is a hard time for me  
I see things I do not want to see*

Is it work I hate so much  
Or waist my time with other people  
Try to get a laughter here  
Better sit with my friends and drinking beer

*Waking up is hard to do  
Specially when you do not want to  
Morning is a hard time for me  
I see things I do not want to see*

After drinking the whole night away  
I do not know were I will be next day  
Put my head back under the pillow  
Don't want to listen to the willow

*Waking up is hard to do  
Specially when you do not want to  
Morning is a hard time for me  
I see things I do not want to see*

Difficult to eat my daily food  
Eat the bread and drink the soup  
Nothing else today in this house  
We forgot the pass the shopping mall

*Waking up is hard to do  
Specially when you do not want to  
Morning is a hard time for me  
I see things I do not want to see*

Did I sleep last night with you ?  
Yeeh you look like a ghost of horror  
Better stop my drinking now  
Before I and up wedding douw

*Waking up is hard to do  
Specially when you do not want to  
Morning is a hard time for me*

*I see things I do not want to see*

Maybe next I will be sober  
Eating healthy and work for my pennies  
Do some sport and jog in rain  
Coming a freak as the other insane

*Waking up is hard to do  
Specially when you do not want to  
Morning is a hard time for me  
I see things I do not want to see*

No the day is over and I sit again  
Watching TV with my lover  
At least I know when sober  
What I get in bed tonight

*Waking up is hard to do  
Specially when you do not want to  
Morning is a hard time for me  
I see things I do not want to see*

Arnaud van der Veere

## WAITING

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The last started so exotic to  
But all have ended in a flue

The fever of the pain and hurt in heart  
Went like arrows and filled with smart  
But the passion of lovers comes and go  
Like the sea which waves do flow

My date is waiting for me  
In the shade of a tall tree  
A kiss, seems to take hours to make  
Learn that more is in stake

This night will not end that fast  
I feel no hurry like in the past  
Everything must be done slowly and with love  
So the in the end we will fit like a glove

Arnaud van der Veere

## STRONG

By Arnaud van der Veere

Muscles like rocks so strong  
To make them you need to work out long  
They do not come overnight  
And the ones who have can feel some pride

But how many do understand the wish  
To express strength as giving a kiss  
It is not the muscles that made the man erotic  
The combination with the brain that made exotic

A real man is strong and wise  
He wish to bring the woman to a paradise  
Not just a come over and lets go  
No the play take long and emotions flow

Strength of training bring hormone level high  
You cannot say in the middle of a training just bye  
Results come only step by step  
To come that far you have to pass so many trap

Nothing come just like that  
Discipline and daily early to bed  
Food in time and carefully selected  
Make the man strong and erected

Yes the hormones will grow the natural way  
With some so much they are eager to play  
They take hours for you and make you stay  
After that you are very sure they are not gay

The body strong but hands are tender  
Make that you only want to surrender  
Give gladly all you have for every hour  
To end up finally in the shower

Arnaud van der Veere

## STILL

mouth shut and staring eyes  
like a rock no movement is the face  
shocked she was in any case  
discovering that life was all but lies

the brain did not wish to function anymore  
she left the body long ago to sit  
her mind went to the other world out of the store  
her mind and body had to split

the shock came to sudden and was so hard  
he died this morning in a crash they said  
this morning you left him in your bed  
you met him yesterday and hoped for a new start

you spend only few hours so close  
in the night he had given you that rose  
you even do not know his family name  
he never told it since he came

he died without a name to you  
not knowing were from here to go to  
he came into your life and filled it up  
like splendid wine in your cup

both wasted no time and took it all  
there is no sorry and will be no ball  
nothing more than only memory  
nothing left not even a picture from the "we"

you sat there for hours long and no one seem to care  
police came to remove your body from there  
they took you to the hospital for check  
a body with a broken neck

no waking up this time  
you was a victim of a crime  
they robbed you when in shock  
and stopped also your clock

angels all around you see  
it is not the earth were you flee  
you left the earth and died in vain  
left others to get insane

Arnaud van der Veere

## RIDING

A horse with no name  
Changed my life when it came  
I sat on it for hours to ride  
The horse didn't take me without a fight

Laying in the grass remembering your face  
Yes, the beauty of the other race  
Your eyes so small  
Like a tower you sit on me so tall

The horse came and pushed you a little  
He wanted you to sit on the middle  
A ride must be a pleasure for long  
So the rider must sit tight and strong

No saddle that protects you  
It is a matter of two  
No one will watch when we're riding  
And at the end you will take a sliding

Arnaud van der Veere

All muscles must be on tension

In the night I turn and turn around  
I cannot stand it that I still did not found  
A woman that can turns my world around  
To enjoy life with and make it sound

Is it you I am looking for  
Can I step inside your house  
Are you the one with an open door  
Or do I have to be as humble as a mouse

My pride is like the Thai so strong  
And finding a good person will take long  
So I am prepared to fight  
But it will be better with the right woman on my side

So this poem is for you alone  
To offer you a place on my thrown  
To share a life or even time with me  
Or do I have to leave you free

Decide my friend and let me know  
You want me to be your friend or go  
Impatiently I will wait for your answer  
So I will be able to make a transfer

Arnaud van der Veere

## GOING NOWHERE

Morning, I dress myself like every day in white  
Check my head, my bowl and try to do everything right  
As a novice of this group I only follow the leader  
Strolling on my sandals humble to my feeder

Back in my cottage I learn the holy scriptures well  
Try to memorize every line until the bell  
Meditation time has come and I move myself to the hall  
We have to sit straight so I push my body against the wall

Hands move in devotion to the floor  
Slowly bending till my head touch the ground  
After three times moving up and start the sound  
Monotonous chanting I move away from the door

My eyes close softly and chanting goes on  
Vibrations of the sound  
Makes the mind spinning around  
After a few minutes I am gone

The mind splits away from body and earth  
Coming to a platform wide and unseen  
No fixed color not even green  
It brings you back at days far before birth

A place not cold no fire  
Every thing is striped of all desire  
Time is of no essence and has no place  
Even me has lost all face

We are one with universal thoughts  
No limitations are brought  
To stop the mind from expanding further on  
Yes I have the feeling it is easy to pass the sun

Slowly one little question glows up in space  
Why are we so busy what is the race  
Is time our only limitation

Arnaud van der Veere

## WARM

By Arnaud van der Veere

Warm is my body and I am turning around  
Restless are my nights and making a lot of sound  
Others are watching me  
And do not believe in what they see

A man so peaceful in the day  
Is so restless in the night they cannot stay  
What are the dreams are all about  
They wish to see what is behind that misty cloud

But better not to share my inner life  
With friends or just a wife  
It may be all to risky telling the whole story  
Imaging the eyes when I show my time of glory

Better not tell them why I sweat a lot  
It is a very long story without a plot  
When one meets the other soul  
Both are eager to reach that final goal

Some days I sit and watch that body move  
Still dressed to kill and with that groove  
The eyes burning like fire in the rain  
No limits, no hold backs and no restrain

But I know to touch that skin  
Even a little would be a sin  
A disaster for us both alike  
Yes the result will be more terrible than any strike

But dreaming and to image can do no harm  
Like walking in the corridor just to touch her naked arm  
To get that little naughty smile on her lips  
Turning my hormones again in an eclipse

This game will go on forever  
To collide in naked pursue will happens never  
But the dreaming makes both so very strong  
On the working floor nothing is allowed to go wrong.

Arnaud van der Veere

## PAST OF DREAMS

I was dreaming of the past  
Time has gone so fast  
Sitting here and realize  
Life has made me much more wise

Now I cannot be fooled around  
I was searching till I found  
The inner truth of harmony and freedom  
Now I hope the best is still to come

Once my life was tears and crying  
And my daily dream was dying  
Just away from all the misery  
Not any more a part of the industry

But than I met the light of my life  
She came in the body of a wife  
Not just a woman from some place  
But from the Asian race

We sit down for hours long  
And she teached me life in a song  
To dreamland we were flying  
Never looked back or trying

Than in a flash I knew  
And suddenly I grew  
My mind did open up for all  
Now I am sure never to be afraid to fall

Arnaud van der Veere

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## WORKING

Ah you also know the feeling  
Every day we must wheeling and dealing  
Tossing and turning to find a way  
Working and struck ling to make us pay

My head is dizzy of the thoughts that come and go  
Trying to figure a way out this messy flow  
Wondering how the successful ones do this  
And thinking what talents I might miss

Close my eyes and put my head in hands  
What shall I do fight on or wait till all lands  
Looking back I realize that time has changed  
It seems like many things has been rearranged

A light show the idea has come  
More flashes follow but still only some  
I am used everything follow a line of order  
But now everything crosses the border

Being in business often creates a fake  
The idea of becoming rich and sitting on a lake  
Dreaming the days away and drinking wine  
But it does not show reality cause that is not so fine

Sometimes working day and night  
You have to keep on fighting for the right  
Do not expect anything in return  
It takes blood, sweat and tears before you earn

The moral of this story  
You can only get the glory  
When being daily there  
And not search for the dream everywhere

Arnaud van der Veere

---

Got it ?

A number of times I crossed the road  
It was too late to get back to my boat  
Someone had killed my dearest goat  
They had slide him a knife thru the throat

I wanna be a star like the rest  
Become a part of all the best  
What ever happen I will pass the test  
And show all the medals on my chest

Have no fear in fighting my friend  
It was me who delivered and had send  
The bombs to destroy that you meant  
The one that killed and no one understand

It happen to be just like the other day  
People sit down in large crowds to pray  
They prayed for a place in heaven but all wanted to stay  
Some were just coming, believers and even gay

Nothing strange only the will  
Of my side to end this and let them pay the bill  
Or was it adventure nothing else than a thrill  
They told me a destiny that I had to fulfill

Slowly walking to the target  
Try not to think and only forget  
Concentrate on the blast that will upset  
Kill them or ban forever to a bed

No mercy on your soul in the name of god  
Your ashes will be shattered and not in a pot  
Screaming will you die but never forgot  
It started as a day like all the others but ended spot

Arnaud van der Veere

## A MOUNTAIN OF PRIDE CAME THUMBLING DOWN

The man superiority did lost his crown  
A woman took the lead  
The man only could follow what he read

It was some hard time for the man to go  
He had to swallow all his pride you know  
But he did understand very well  
That he needed to woman not only to sell

The woman was very bright  
And not to be used only for the night  
He mentioned that the goal was for the long term  
And not as long as the life time of a germ

A smile lightened up his face when he saw her stand  
Her strong posture and showing her open hand  
Yes she passed so many difficulties on her own  
So many man lifted there hands or threw a stone

She hardly did escape a sudden dead  
When she shared her life also in bed  
Now she will have what she deserve at last  
A fellow leader and partner with a past

Someone who treat her as equal  
With respect and with the other all  
Someone who wants her more than anything  
But still image her in a string

Arnaud van der Veere

## FEEL IN

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Every day we must wheeling and dealing  
Tossing and turning to find a way  
Working and struck ling to make us pay

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When being daily there  
And not search for the dream everywhere

Arnaud van der Veere

ENTER

Sitting in the room waiting for you to enter  
Realizing that you are the attention center  
The one all persons are waiting for in here  
You have create a special atmosphere

I remember the time with you in bed  
Both continue loving and we were nearly dead  
When I close my eyes your smell fills my nose  
So soft your skin and creamy like a rose

My hands moved up and down your breasts  
I was free with you to take all the rest  
When I came inside it was like  
Soft motions followed with the end of my spike

We moved to a state of ecstasy  
Slowly moving enjoying the time we were free  
I know this time was so very dear  
As we were seldom here

Your mountains are so full and tender  
Between your legs I only can surrender  
A kiss so long it feels like there is no end  
Not anymore you are just a friend

And from behind the beauty of you're rounding  
The movements of your hips and our pounding  
I place my hands very tender on all places  
It makes me even hungrier as we are other races

Slowly I feel you coming with a sound  
Your body gives more tension and I turn you around  
I want to kiss you all over when you finish it  
Knowing that what we do will fit

Arnaud van der Veere

## CONCENTRATION

A tree was standing in my way  
It did not want to move what ever I say  
I guessed it had a plan to ruin my day  
So I decided to stay

I sat down on his feet  
So he wouldn't be able to fleet  
Moment I was telling him what I thought  
The struggles I had and the many times I fought

He listened quite to what I told  
He had heart that story many times cause he was old  
So much wiser than me  
That old strong unmovable tree

I was wondering what it would be like  
When the lightning made a strike  
Smashing my branches on the ground  
Making that horrible thundering sound

The time I needed to heal the wounds and grow  
How much water must flow  
Till my branches carried flowers and seed  
To feed the animals in need

My friends told me I sat for days on the foot  
With closed eyes and no one understood  
My concentration made me part of the tree  
And thought me things I never again will see.

Arnaud van der Veere

## COMMUNICATION

The sole of every word is the meaning of the moment  
A meaning of a word has no contains as the owner use it in an empty way  
When communicating the meaning of each word is weighted on the expression  
The way the sender expresses in body

Seeing the words floating in the air is meaningless  
The sender must give a feeling to each single word  
When the receiver gets empty words it will be felt as boring  
But when emotions hit the brain reactions cannot wait to come

Communication is the key in each life  
The words you choose are your lifeline to the others  
Realize every word can hurt or bring some joy  
Let the head explode or the heart flow over

Open arms say often more than a thousand words  
Just a little twinkle in the eyes has made more love affairs than million words  
A little hold brings more comfort than a trillion words  
But one single word at the right time can do it all

Communication is so many ways  
Look into the world thru others eyes  
And realize that it is not you who cries  
It is that never asked question that makes you stay

Arnaud van der Veere

coming home

when I close my eyes I'll see a light  
the longer I look it is becoming bright  
it brings peace in my heart and makes me smile  
a feeling of peace fulfills me for a while

what is it where I am longing for  
a dream in this life or an open door  
a passage to the other side  
an end to this life's fight

no it can not scare me at all  
specially when struck ling and fall  
the daily lessons of heart ship and pain  
makes all efforts look in vane

did I enjoy this life  
or was it another dive  
in a strange surrounding  
or a shrinking of my founding

it was non and open my eyes again  
the peace inside kept in me like Zen  
another day to come and go  
the rhythm of life I let it flow

Arnaud van der Veere

## ANOTHER NIGHT IN PARADISE

A hand in the night was slowly moving along my thigh  
The softness of the skin made me ready not to fight  
My blood pressure was rising to the sky  
Than another hand of yours came by

My head was twirling like a thunderstorm  
Your shaping got an angel form  
Than when you reached my softest part  
It was impossible to lay down and stay apart

All my muscles were full in tension  
And my hormone level was not to mention  
Your curves made me whisper softly your name  
My hands touching all of you and then I came

But I want to let you find the land of dream  
And let you receive love and not only cream  
My goal is to bring you to the mountains high  
And let your body fly true the sky

Let your mind get out of your body soon  
And feel like it has been carried on a spoon  
Softly waving in my hands of joy and pleasure  
Feeling so much satisfaction that no one can measure

Your shoulders, soft, warm and round  
Seems to make its own personal sound  
When my kisses go up and down from you  
Especially when I am moving toward a special part to

Kissing you is more than love alone  
I have placed you on the highest throne  
For you my body is as a slave  
This is all that I was able to give

Take what you see and what you feel  
Tonight we are only here for real  
What will happen the other day  
We never know if we could stay

Arnaud van der Veere

Another day

today is just another day,  
but what else can I say,  
I wish that you get the arms to hug,  
and no longer need a thumb to suck,  
a kiss on cheek or other place,  
and go on to another faze,  
your heart must get what is all desire,  
and i hope you can find a way to burn the fire,  
it is a need this year to come,  
to open your heart only for some,  
no not for many but think,  
it is not the person who invited you to drink,  
it is the one who openly say,  
he want you and only you to stay.....

Arnaud van der Veere

Always miss you.....

The day has come and you will leave the house  
I help to carry your bags to the car but feeling like a mouse  
Why I did not stand up to you and demand a try  
But I could not see another day with cry

Today you leave this house forever and will not return anymore  
You move so far away from here and will start a store  
It was your decision to split our lives to see  
If you could build your own family tree

My daughter I will miss you so  
From the day you was born I know a moment you will go  
But as a father who is still in love with his kid  
It is giving him a terrible feeling and hate it

I remember the days you lay on my chest  
A baby in deep rest  
Listening to the beat of my heart and the rhythm of blood  
Yes a father knows days will come that you forgot

A tear in my eye and a mood so bad you can cry  
I start the car and bring you away so you can fly  
To a destination so far from here and strange to me  
That it is impossible for me how I ever will see

Oh yes I miss you my dearest of all  
As father who did everything and even will fall  
But must keep on smiling and wishing you luck when go  
A deep pain in my heart as I realize how life will flow

Arnaud van der Veere

## ALONG THE LINE

On the line of life we hang on  
From the day we started as a son  
The daughters are important alike  
Equal rights for which we strike

The lines in life are not defined  
The borders of our works not outlined  
We cross the roads so many time  
Hesitating is it good or a crime

Religion has brought us many things  
We visited the chambers of holy sings  
The lectures of who was right or wrong  
And thought we could send it away with a song

But our life rolled on without the true  
We looks left and right but do not know were heading to  
They teach us to walk the lines they set  
Starting early following the day till going to bed

Lines that makes us dizzy and often confused  
Events that made us unsure but cannot refuse  
Why must we followed the guided road so long  
Especially when we feel that this life seems so wrong

Give me your hand and to lead you over the land  
Give us time to be real a real friend  
When time is passing by we learn to see  
That all we have is you and me

By Arnaud van der Veere

## A YEAR TO REMEMBER

A year to remember or to forget  
That is the question which approached us in bed  
Did I have a good year or was it bad  
Will I look back with a smile or only sad

No year passes by without a mix of both feeling  
Some days we are so grounded and others on the ceiling  
A new year to come creates a lot of expectation  
Is it a year of carrier or multiplication?

Today we party and tonight we celebrate  
Tomorrow we have surely forgotten what we ate  
A memory is as long as the importance of the day  
Only you can decide which thoughts may stay

But do not forget in the year to come  
You will love and feel loved only by some  
And out there in the wide fast world you know  
There will always be a place for you to go

Some arms that are waiting only for you  
A place that is special for you two  
When and where you go to this escape  
Never forget to keep your mind and body in shape

Keep on running like a dog who understand  
That we have to play with all our friend  
Do not only bark but sniff around  
And sometimes make a clear sound

Let the world know you with your sound  
That it is you who is going around  
And protect your world with honesty of four foot  
Against the always returning difficult flood

A year starts, just another year we may feel  
Next year this time we will know for real

Arnaud van der Veere

## DANCE

Dance lady dance  
when moving you give others a change  
to enjoy your performance at last  
cause all in life is already fast  
when moving around  
and make that little sound  
your feet as lightly touching the ground  
that is the beauty I searched for and found  
give me your hand and take me in  
let us dance for ever in immortal sin  
never a feet on the ground to long  
like the notes of an endless song

Arnaud van der Veere

## TIME

In another time another world  
I saw men oh so honest  
so upright and faithfull  
clear of mind and nothing hidden

So pure and mighty have never seen before  
the power of the truth was clearly in his face  
a posture like a statue  
in honour and display

It was in another time another place  
men was so humble and full grace  
nature was his guide and rain nor stormy weather  
could bring him down on knees

The power of the inner, oh so bright  
brought us so much light  
we had to close our eyes not to be blinded  
in our dream we saw them go

In this time on this place with open eyes  
we saw the truth, reality as it became  
corruption and cheating alike  
it is a habit of mankind today

Lets move again from here  
join me my friends to another time  
travel to another place  
and wish we never saw it all

Arnaud van der Veere

## FUN IN LIFE

Laughing in the rain is what we like to do  
Holding the other in our arms another to  
Having fun and be loved all day long  
Will make our energy strong

You know as well as I do that positive life  
Is the thing to keep a balance we strive  
A moment of time pass as a blink of the eye  
Unnoticed for others for whom it will fly

But that moment is what we want  
We look to find it as for sand  
It is everywhere on the beach and not to take  
Trying to hold as much as we can knowing it is fake

Sand will flow thru our hands  
As is the life with our friends  
Smiling is a way to show  
Love, feelings or where do you go

Your eyes can hide the feelings so deep  
But I touch your body when in sleep  
Some touches create shocks other more  
And than I know this is why I do it for

Arnaud

## FRIENDS BEYOND THE GRAVE

Here I am standing looking down on you  
yes I still love you and I know you will to  
dead has separated our bodies for now  
but our friendship will goes on and does not bow

No we will be friends forever it will last  
even now you've died it is not from the past  
I remember your smile so clear  
and the times you was in fear

Dead did scare you for so long  
and I told you to be so strong  
you've never seen the tears in my eyes  
and all the times I cries

The fear of losing you my dearest friend  
kept me going on my feet till this end  
tomorrow will be empty and alone  
the house and life is strange now you are gone

I know it did not happen overnight  
but how can I accept that it was right  
the pain that tortured you every day  
the days of despair that made you pray

If there is a god that receives you there  
tell him that you have a dear friend out here  
someone that will give his life for you  
knowing that you will have done the same for him to

By Arnaud van der Veere

## FRIEND

If you need a friend just past by me  
We will go along together and it is for free  
The road is long and narrow  
But we can fly free like a sparrow

Just give me your hand and let us walk away  
There is no need for us to wait for another day  
Let's have fun and laugh along  
Express us everywhere with a song

Be my friend forever like I will be your  
Swinging over the streets and begging on every door  
Nothing to own and nothing to spare  
People will treat us as being very rare

It is fun to share all of us  
Crossing the world in a bus  
Having fun everyday and do not need to care  
If at days end our food will be ready there

Owing nothing in this life  
Not having to share life with a wife  
Or a husband who will demand  
To drink his beer from a special brand

Let us swing the rivers over  
Do not need to care we dress so plover  
Sometimes pain will knock out door  
But we will bring it down to the floor

If you dare to share my life and be my friend  
We will travel life until the end  
Maybe more will come so far we be  
So lets start the travel and see

By Arnaud van der Veere

Fast

Poetry with fast speed  
Who is the one you want to meet  
Is it a person with passion?  
Or the one who run after fashion  
Up to U 2 decide  
But what ever the answer might  
It is fun to learn the other side

Arnaud van der Veere

Every morning I wake up late  
after breakfast I walk to the gate  
to go my usual way  
nothing exciting to say  
but I want so much more  
this is not life is made for  
I want to break out  
let the world hear how I can shout  
I am here and let you all know  
I make life worth and will go

I am longing for so much love  
and not a stranger from above  
no some arms that hold me everyday  
I miss that but will not pray  
till you have time for me  
and make yourself free  
life is sometimes rolling on  
and I do not know what I began

I feel so unsure of everything  
knowing someone in the world find me a king  
although I am a woman small  
he thinks I can beat them all  
why I feel so strange when he  
tell me that he can see  
the little light far in my eyes  
but do I really feel a surprise

no he made me feel a special way  
a person that I will never betray  
is he a friend or what  
in my mind I am doubting that  
so confusing it all seems to be  
and hope he will make some time for only me  
waiting is all I can do and thinking deep  
even wondering in my sleep

Arnaud van der Veere

## MEMORIES

Dreams and memories are the same  
sometimes you wonder how they cage  
have they past already long  
or are you in the mids and still prolong  
when happy the feeling is always full  
and acception must be the rule  
striving to keep them withing your mind  
will bring you a smile and makes you kind

Arnaud van der Veere

## Day and night

Day and night my mind is flowing around  
My spirit is lifted with the smallest sound  
The little things in life become great events  
And all because of the moments you spends

The days and nights seems to be a never ending stream  
And at odd times I look around cause I hear you scream  
Sometimes I stand there hours on a place  
And look at cities daily stressed race

Smiling I drink my coffee all alone pretending you are here  
The fact is you are so far away but you feel so near  
When I come to my computer every single day  
Looking for what you have to say

A message and sometimes more  
Since I know you the world is different from before  
Dreaming about you for so many hours and smile  
Keeping all you wrote carefully in a file

And when you have gone to bed for long  
I sit there singing your favorite song  
Distance has become only a physical thing  
Cause at any time I am able to give you a ring

Again I open your file and look at the photo  
You are the lucky number from the Toto  
Imagine laying in your arms and hold you strong  
And making love for so many hours long

Touching your face gently with my hand  
Saying sweet words that only you can understand  
Softly kiss your neck again and tender  
This life I am the receiver and the sender

The screen is patient and words come ad go  
The cyber dream is a never ending flow  
But how real can we make this picture come  
Ever here happiness is only for some

Arnaud van der Veere

## DANCING

The sun is shining on my head  
after the rain has made my feet wet  
changing weather in all parts of earth  
and I wish to be a simple bird

flying around from place to place  
no need to care for religion or race  
when my feet just touch the ground  
the steps will always make that tripling sound

like the dances of life I cross the river  
mountains and more, till I shiver  
not from cold, fear or else more  
but to show the dances I have in store

enjoying life is a rhythm of love  
that will go further than above  
no gods can stop this feeling  
and will make no one tumble or wheeling

the dance has no steps and fits who ever  
the one who starts will never stop forever  
close your eyes and feel the rhythm inside  
be sure to handle it right

start with only little steps  
never with the big ones or perhaps  
you fall and drawn again in cries  
the dance must continue as often as I flies

Arnaud van der Veere

## SHOCK

When I entered the room I know what I will see  
your pale face in that coffin still shocked me  
so young you died  
so many people standing here cries

Dead has shocked us so deep  
but you the same as when you sleep  
next to me your body so warm and close  
now any touch is like you froze

So cold your body and it seems so far away  
already you're gone but the body stay  
why did it happened just to you  
yes I accept it will happen to me to

When I close my eyes I still remember your smile  
the way you moved your body, your style  
the nights we spend so sweet and longing for what to come talking about the future  
and where we come from

I see you smiling and your laugh still fills the room  
when I open my eyes again I see the doom  
a corps so empty and cold  
as your soul that has been sold

Today we will burry you for ever  
and I will see your body the last time and than never  
when the ground close above your grave  
I will try to act strong and being brave

Inside I lost my friend and ones love  
to the ubknown ones so far above  
they give and take when they want  
not caring where it all will land

My tears are running down my dear  
I must go now away from here  
tonight I will not sleep again and see  
how ones you did hold on to me

By Arnaud van der Veere

## Shivering

Cold, so very cold it is in here  
Looking for the sun to warm  
Or shall I run for it  
Keep the body warm  
I try to move  
But my sheets are working against me  
Suddenly I open my eyes  
The ceiling is still the same as before  
Alone in the room  
You're gone  
Still the smell is in my nose  
Wondering what you are doing now  
Tears running down  
Miss the warmth of your body  
But it will never return  
You're gone  
Today I buried your body  
And let your soul to rest  
You are happy now  
So why I am crying

Arnaud van der Veere

## RACE

An interview on TV and guess what I see  
So many people arguing and some strongly plea  
In thousands of years the topics are still the same  
Where do we go and from where we came

But I see some eyes are turning towards each other sweet  
There are ways to beat the cultural seed  
When the plant is grow toward the sun  
We have no ways from holding it to run

No race has its defenses to love at first sight  
And even apart we will not stop to fight  
Beating all the odds we continue to feel  
That the love has crossed the racial borders is for real

The nights we spend together never ends with just a kiss  
For hours we can look and talk and know what we miss  
Hands start to move and touch your skin  
Our eyes show that we are ready for what others call sin

But love has crossed our borders and eager stay  
We want to show our love to each other without anything to say  
The night is young and we feel a need for love  
Our eager is high and no one can stop us from above

When looking in your eyes I only see you want  
And both we dream of laying on a beach in sand  
Feeling hands all over and kisses go  
Before we know the night has flow

In the morning we still see no racial different there  
We feel no patient and wish to go anywhere  
But stay and feel each other more and more  
Surely even in the future we will not feel bore

Arnaud VAN DER vEERE

## OPEN ARMS

With open arms I approach the world today  
In my speech I announce how much I love to play  
To enjoy the days that come and had past  
Yes I feel so pity things are going this fast

A kiss, a hug and more for love  
The moments we cherries as a god from above  
We wish that they stay forever and on  
But when I look up I see the adult eyes of my son

Time has past so quick and we cannot control  
One moment we walk in ice the other sit under a parasol  
The speed of time seem unlimited strong  
When I wake up everyday I ask myself how long ?

I hold you in my arms and feel the beating of your heart  
To keep concentrating on the top and not the underpart  
Is difficult cause love is not only tenderness  
And with so limited in time we easily go for the excess

But sit down and let the mind come to a stop  
Let silent moments concur the inner beauty top  
When being strangled into each others arms  
Think that time now only gives us something warms

Arnaud van der Veere

## NEW YEAR

Happy New Year to you  
Next year we will see where we have been to  
Last year was so complicated and full  
Hardly had any time to feel dull

Now we enter the year of Rooster  
Must we see it as a booster?  
Or just another year to come  
But again we will have to fight for our freedom

Did you read the fortune teller tale  
Make me feeling sad and looking pale  
Another love affair has promised and more money  
But I do not believe in talks with honey

What year it is going to be  
It makes me curious you see  
The mystery of time is so attracting  
Knowing we are part of this interacting

But thinking of it as a pool of unknown stories  
A long trail of high filled Lorries  
We must face reality with open eyes  
Even we know it will bring us many sighs

A Happy New Year to you my friend  
And promise me to tell how yours have end  
Was it a dream or another year  
maybe you were wishing to be here.

By Arnaud van der Veere

Never knew nights can be that long  
Yesterday evening I met you in the street  
It was a strange thing that we ever meet  
So much is different between us  
You are always quit and I am in a rush

Time seems to have stand still since the dawn of the sun  
I smashed into you in my usual run  
You fell down and hurt your head  
It was so stupid of me and did not know what I all have said

But you was not angry nor surprised after the stream of words  
Softly you spoke your words that seems to me like accords  
Suddenly the rush fell of my shoulder  
And realized it was getting colder

My invitation to come and drink something inside  
Was gently denied  
You had to go to a meeting but wanted to make time later on  
At once I had the feeling I cannot lose you before it all begon

What could I do than trust you  
Fearing you will disappoint me to  
But at 6 I saw your face when coming close  
So different from all of those

Who passed in my life  
Cause I never could have any wife  
As my life was running and struggle from the begin  
No rest or time to enjoy or even to commit any sin

You are like the wall I have run into so hard  
The one I should have met at the start  
So cool and relaxed, in fact serene as the sky  
Yes you are the one with whom I wish to die

In the morning I closed my eyes feeling your arms around me  
Trying to imagine life without you but failed to see  
How could I continue just alone on this life  
Without having you as my wife

I felt the knife coming slowly in my meat  
My chest was burning from the heat  
I opened my eyes and learnt that dead was here  
She was the beginning end the end and I had no fear

She killed my body for the soul to live  
That is all what she wanted to give  
Her life now continues in love for long  
And my dead made her again strong

My dreamy eyes

Into your dreamy eyes I plunged my soul  
We are moving towards the same goal  
In different ways we try to find a way  
To make the other one's love to stay

Worried as what we are for the loneliness  
Missing the nights with our mutual loveliness  
The kisses and the strokes  
With the ones we have tried hard to provoke

To stimulate your desire and need  
So my physical attendance will come to the deed  
But looking into this dreaming face  
I think you want some man from the other race

What can I do to wake the fire  
To receive your passion and desire  
Is this just we continue this way my dear  
I want you right now and here

I cannot wait for you my entire life  
To receive you as my beloved wife  
Life is only for so many year  
And my physics are limited by the gear

When growing older I will not able to give  
All the needs a loving couple has to do to live  
The days getting shorter while I sit next to you  
And in your dreams they do the same for you too

Again and again I try to wake you up from this  
Finally I'll give up and walk away from what is  
And will look for what will come on my way  
Cause this is no place for me to stay

Arnaud van der Veere

## MINDFULNESS

Knowing you must move on day by day  
And doing the things you say and say  
Life seems sometimes so complicated  
And we all get frustrated

But we need a light a target to go  
And some arms to be hold or tears to flow  
Feeling the warmth of our bodies  
Before strolling on true the concrete trees

A kiss can make the difference for the day  
And in the temple it is for what we pray  
That the kiss is not just for the moment here  
Cause airy love is all we fear

No we wish to hold on forever  
And choose the partner that is so clever  
Has the brains to understand  
That I am not looking for a friend

It is your body and soul I am going for  
And will crush all other wishes door by door  
Defending the love I want to own  
And put you on a high thrown.....

Mindfulness in love is difficult to create  
Love is a very emotional state  
So can we reach the utmost goal in life  
By sharing it with a wife .....

Or is the man the weakest part in the relation  
The one who will easy fall for temptation  
The Buddha gave us lot to wonder  
And in the night we consider who will be up or under

By Arnaud van der Veere

Massive

Trembling body, muscles in pain  
Suffering for year, has it been insane  
But we must go on what ever  
We cannot give up, no never

Walking hand in hand like in the desert  
One pulls the other, we got to keep on moving  
No time to waist or stop for rest  
No food, no fear and yet no gear

We found that together we can do it  
Once we were able to look and sit  
To trust each other again a bit  
Cause we have been thru a lot of shit

Muscles strong and flesh to weak  
We needed the love so hard to freak  
Some things we did were mad and strange  
We crossed borders on the range

But when we are so near and warm  
Just closed my eyes and felt your arm  
Your skin so hot and trembling  
As we were busy with the unknown assembling

To become one and inside each other deep  
We kept on going until we fell asleep  
Not one ever saw us being together here  
We are so deeply in love and do not know fear

It can be we shall take more time to be  
The wish we had in that big tree  
The day we met climbing oh so high  
And the following nights we reached the sky

Close your eyes my love and let us continue  
With our feelings that are true  
No time to waist for us anymore  
We have not much left in our store

Arnaud van der Veere

## SHOCKED TO THE BONE

Phone was ringing twice  
I expected a friend so nice  
But the voice on the other side  
Made me scare things where not right

He mentioned we are facing a hard time  
Although we had commit no crime  
The bank postponed our money  
Even I platted him with honey

He was sorry he said  
Tonight I will not go to bed  
Wondering around to find what went wrong  
I did not make much mistakes that feelings getting strong

In fact every move was right  
And I know I saw the light  
Not of gold blinking in the sun  
But of prosperity that makes people run

Again I close my eyes to see  
That working hard today is like "Wounded Knee"  
A battle lost before even fairly fought  
Tax and all other expenses get you caught

But the darkness of my soul  
Seems to play always a small role  
When fighting spirits takes me on  
I will be back to to start were I begon

Arnaud van der Veere

## HEAVEN

The way you look and face the heaven right  
shows that in this life you also have tried  
to reach a goal so high and strong  
that I want to honor you in this song  
where others failed the test and fall  
you best it as the best of all  
but the more I reach out to touch your hand  
it feels to me like touching into the sand  
my heart is crying to have your soul one day  
but oh so often I can only listen to what you say  
my dear if it is not today you want me  
than set me free and let me cross the world sea  
and one day I will return and challenge you  
to see if you want me or all the others too  
the world my friend is not a lonely place  
but my feeling for you has so much grace  
in my heart there is only a little space for rent  
that I will save for the children to the end

Arnaud van der Veere

## THE OTHER DAY

In a sense it is true that what they say  
Everything is fine on the other day  
Things those are complicated here right now  
Will be solved the other day before you know

Oh yes we have passed so many trouble with a smile  
The road ahead was often so much longer than a mile  
The mountains became high hills and weather terrible  
When slowed down flatland came and all was bearable

With open eyes I walked in many traps in many way  
No matter how I turned and twisted or role I play  
The tricks were even obvious for children eyes  
And it did not help to laugh or how much I cries

All became better and gone far from the begin  
The start of this road was already a sin  
We have bent the way and now we get along  
The long time we take will make us strong.

Arnaud van der Veere

## WORDS

thank you for your dreamy words  
they sound to me like peacefull accords  
a dream that hardly can be realised  
and the source for many to fantasize  
we all wish a worl of peace and harmony  
and get it without leaving the tree  
but the older we get and see the reality  
how often we want to say is that hapening to me ?  
i want to thank you for your wish and blessing  
it all is so much more than the thirst lessing  
here is the hand that wish to shake  
have a happy life for gods sake

Arnaud van der Veere

## SPAM

Everyday when I open up the box of faith  
You see them running in, passing every gate  
Disgusting stuff for advertising  
Makes you hear gets rising

Oh if you believe all what they promise there  
You will be the hero every where  
Loads of sperm splashing all around  
And the big boobs they sell make that awful sound

And you go on deleting all that shit  
Cause you know that no one will stop it  
A headache can be solved by just a pill  
Irritation and time is all this stuff fill

Wow did you see this super add  
If you do not buy it you must be mad  
But if you do your lost your bugs  
Sure you know al that stuff sucks

But what else we can do than just leave it go  
What can be do to and this borderless flow  
Find the guy who send it all  
And make him loose all what he has and fall

Maybe to hard cause it is his living  
And we receivers must be forgiving  
So any idea how to stop this misery fast  
Or are we doomed to accept this at last

Arnaud van der Veere

Sometime I close my eyes,  
Sitting still and looking wise  
My mind is floating everywhere around  
My lips are whispering that tiny sound

It is a dream I 'm looking for  
Not for sale in any store  
Just a fiction in my mind  
But I'll keep on looking till I find

Don't know what it is that I always miss  
Longing for a body or a kiss ?  
But than my mind set on a tour again  
Sitting on a holy site and shout amen

Twisting faster than the light  
Going from one place to the other sight  
Watching all the eyes that look at me  
Knowing that I feel really free

The rhythm of my heart goes fast  
Speed up my thoughts to learn at last  
That nothing goes that slow  
As me trying to make my body go

Arnaud van der Veere

## SOFTNESS

When I close my eyes my hands reach out for you  
Automatically they go for the places were you want me to  
The smile on your face makes me wonder how you feel  
Specially at moments that I kneel at your feet

When I look up and see the swellings above  
My body is shaking and I know this is love  
The warmth in my heart and boiling blood streams  
The veins in my head that are make it all seems

What are we waiting for is this the special moment we want  
Or are we moving till we find the perfect stand  
I want your body as much as your mine  
Both are drunk like we drink to much wine

The more we are closer the harder it get  
To take away the feeling that I want you in bed  
I want to be all over you every day and night  
And the next day lying lazy to wake up on your side

Feeling the inside of you is all that matters for me  
We listen to the soft music of birds in a tree  
But all my ears can hear is the rhythm of my heart  
It acts like crazy and if it falls apart

And than our bodies combined like one  
We know when we started and how it all began  
My eyes are so cloudy, can hardly see  
My desire for you is killing me

Again my hands touches your soft skin  
We have been busy for hours but I have the feeling I just begin  
My hands starts to move and massage your hands  
Than I realize we are no longer friends.

Arnaud van der Veere

## SNOW

Watching the snow slowly come down  
The white beauty in the threes is like a crown  
Light shining on this surface  
And shattering away without a trace

Children enjoy and cry of fun  
No body bothers about the sun  
The cold affects no ones mood  
A playful smile makes it good

We are happy playing in the cold  
Throwing snowballs to the bold  
Slippery it gets along the day  
Making people lost there way

It is cold and shivering makes place  
You can see the lining is there face  
So cold it hardly can be told  
And thousands sweaters will be sold

But than at home in front of the fire  
A glass of wine is all we desire  
And thru the window we look outside  
Feeling slowly growing a sense of pride

By Arnaud van der Veere

## THE WAY YOU LOOK AT ME

Life has never been easy on you  
even your love life have not seem to be true  
it is not fair you wasted all this time on me  
when I think back it is the only way I can see

You must hate me deeply by now I guess  
after all thinks that have pass  
the days that has gone by in vain  
have driven you nearly insane

sometimes I wonder why I came on your path  
was it a coincidence or much more than that  
some people call it faith or the lords way  
but I do not know in which hole to place it in my tray

I am trying to imagine being you  
closing my eyes and feeling blue  
the warmth of your heart and your smiles  
yes it made me run for many miles

But when I imagine you in tears I feel  
that picture is not right but so very real  
I was never planning to hurt you dear  
my wish is to hold you on my heart, so near

but the closer we got the further we move  
the deeper we get in life's groove  
can we become friends or we will leave each other go  
I am wondering what will bring the river flow

will it move and take us far along  
and makes our relation more strong  
or drift us far apart and leave a memory  
leaving us nothing else than carving your name in a tree

Arnaud

## Sport

Sport is emotion  
you not only see the body in motion  
your feelings also crosses the ocean  
the taste of vicory is as poison  
it polutes the brain  
and makes most people insane  
reactions become so strange  
and bring so many out of line over the range  
winning is a temporary event  
which can bring you enemy and friend  
but the core of all is to know  
what is the way in life you need to go

Arnaud van der veere

What are you going to do ?

When the sea raised its voice  
And left us with no choice  
Than just to run for higher places  
It took away all we had and left just traces

The scares of moments of disaster  
Will not heal with only plaster  
Lives are scattered into peaces  
And over time the pain increases

But what can we do  
No god to turn to  
All have let it happen that day  
Even after all the time we did pray

Moments of silence in the world around  
The waves of shock still sound

By Arnaud van der Veere

## WHEN THE LIGHTS ARE TURNED OFF

Darkness comes over us when lights are out  
Some of us fear the dark or even over cloud  
You wish to shelter and offer my arm  
You rush to my side and also keep you warm

It is nice and cozy to be with you in this room  
Alone in the dark sitting and waiting for doom  
Faith has chosen us to be here at this time around  
And darkness has created its ultimate scary sound

Your breathing is changing and becomes faster  
I start to be worried cause maybe you expect a disaster  
But then your lips come closer to my ear  
Softly your voice whispers that you no longer fear

The sound has changed and seems to me new  
You whisper things that I only have heart from few  
My heart is pumping faster and ears are getting red  
You are so close to me but I feel a kind of sad

Maybe when the lights turn on again the distance will increase  
I want to keep this feeling, it feels like a disease  
Warm, cold, fever and flushes go thru me  
Eager to take you and wish you will see

Flash the lights are on again and you realize  
The position you are in but still you behaving nice  
You are not rushing away or screaming  
But instead closing your eyes and let us both keep on dreaming

By Arnaud van der Veere

## VALENTINE

Come closer my dear, today we must be here  
Together in one room close without any fear  
Full of desire and passion  
Wearing under and over the latest fashion

Red roses cover all your body and floor  
Your red painted lips only wanted to ask for more  
Today is a day of fire and love  
We have no care from messages from above

It will be only you and me  
And your body is all I am able to see  
Your head is in my hands and kisses come natural  
Our body movements are strange but have nothing cultural

We are in love so deep it can go  
Is it only this day or will we have more to behave so  
Strange the fire makes my blood to boiling high  
And my head seems to reach higher than the sky

Both of us are full in fire  
Let us give over to what we desire  
Today is a day we can give all we want  
And wave around with Valentines sand

By Arnaud van der Veere

## UNKNOWN

Hidden behind my hands I am standing against the wall  
It is difficult to be well-known in a very busy hall  
Sometimes I want to hide myself in the mountains high  
Or flying away in an airplane across the sky

Being famous or known is for most to desire  
But when being it sometimes it is as a fire  
Walking around in busy street  
Can be a direct attack upon your feet

Running up and down to avoid the growth  
Who wish a peace of you and will to get you in a bout  
Did I want to be famous or did it happen overnight  
The road was long and an intensive fight

Ones I was unknown like everyone a number no  
But I wanted to be different and guessed the road to go  
No one could tell me what were to go and what to say  
Impossible to get a teacher to tell what role to play

I like what I do but fame is noting to strive for  
It comes on your road when be in public more  
All is temporary and will flow away  
Only few will enjoy there name to stay

Who I am and how famous I am for you  
Ah why to bother if you know me to  
As long as you know my words to read  
Unknown but I have planted a seed

By Arnaud van der Veere

## Underneed

Some little fly was crossing over a flower  
and did not see the leaves of power  
the mouth went open and seduced the fly  
so full of honey the little one could cry

and yet it sat softly on the edges to eat  
for the flower it was nothing else than meat  
it closed the leaves and swallowed little thing  
leave behind the spots and a small ring

what one was a little fly  
has now become food to die  
but as the word is said before  
and often will be said more and more

to survive we have to kill  
if not like the flower and against our will  
we move on till we reach the target of life  
hoping success is equal to our strive

so we move on from day to day  
from place to place without long stay  
as we're on the move for all time  
sometimes it's like honey or lime

but all the time we are busy with the mind  
being not always able to be kind  
it is not all we possess is what we are  
it is in the mind that comes from far

so far away and yet so close  
like the silence of the pose  
no movement but speed so high  
like all the times we fly

we welcome you here and now  
and bless your stay like the holy cow  
you are more than welcome to stay  
wondering if you will ever return to pray

Arnaud van der Veere

Total fever

It seems so cold in bed after you left  
The night passed by as never one before  
I met you just a day ago but I already miss you  
Why did you cross my path and turned around

You stole my heart and I feels like theft  
My body is in a fever and I have no control anymore  
We spend the night and will be remembered only by us two  
Will you share more with me or only made the sound

The passion of the hours passed in lightning speed  
So many flashing balls in my head when you sit up  
Your body moved so fast and yet so slow  
I cannot even remember the moments we both did come

The only thing I know is that I have planted a seed  
Oh I want to see again your hands when you lift up a cup  
Again I look to the door and think must I stay or go  
This ecstasy we had is only reserved for some

Arnaud van der Veere

## Meeting

to meet a strong woman is one thing  
to discuss topics is something we bring  
I know you do not agree with so many in my blog  
but I try to find a way to create a flog  
does it work or not is worth to try  
and when it does not it is easy to fly  
just lock the world out of your box  
and life with the standard of the fox  
is not one of a man with currage and will  
hide like a weasol and pretend to be ill  
no I approach every one with open mind  
and always hope that I can find  
the best or better and fine  
so I'll be able to call you a friend of mine

Arnaud van der Veere

## THINKING OF YOU

Staring from the window with empty eyes  
People who are watching must think I am unwise  
Maybe even lost my head or just my mind  
Eyes so empty that my vision is completely blind

But my brain works overtime on you  
Trying to figure out my life and were I am going to  
Since I met you all the word has changed  
My life is upside down and everything re arranged

Why did you come into my easy life  
The last person on earth who was looking for a wife  
No not me, I will never marry anyone particular  
Falling in love is a joke and seems to be spectacular

But that single kiss of you made my legs weak  
The night we spend was more than I did seek  
You seem to combine all I wanted in one  
The body, mind and love from before earth life began

Were have you gone my dear  
I know you are not from here  
But give me a sign of where you are  
I will leave this place, this bar

Following you over the mountains through the sky  
You made me so mad that I think I can fly  
With open eyes closed for the world I see  
Only a picture of you and me

By Arnaud van der Veere

## THINKING

What will the world be without me  
Will it be a better place and more free  
Maybe a place with peace for all of you  
Another world or maybe a big zoo

Did you ever think what your existence brings  
Is this human life more value than the bird's wings  
Sometimes I want to fly over mountains high  
Like that great bird in the sky

Oversee the world ones in a while  
What did we archive is it more than a mile  
Which distance did we travel  
And what did we reach

## WORRY

Sitting on your desk I see you worry a lot  
It seems every time you are scare to forgot  
Two hands cover your lovely face  
To protect it from the everlasting time race

When I hold your body your eyes stare to far away  
And we are talking you seem not to hear a word I say  
What is troubling your mind  
I am really trying to be very kind

But the more I try the further you are turning aside  
My hands are all over your body in the night  
When I kiss your eyes are turning away to avoid contact  
Passion has left our bodies and soul that is a fact

What is the reason from this sudden change are you in love  
Has another person taken your heart or you want to be free as a dove  
Your friends did tell me you do not see another man  
But I need to figure out the reason as soon as I can

By Arnaud van der Veere

## Changing time

Feelings are unpredictable and strong  
many are only able to express them in a song  
but keeping such high tension cannot be for that long  
like the strings of the violin the tension fluctuates  
and the listener evaluates  
some moments his blood will rise to limits high  
and other times the mind will reach for the sky  
but only when the hands are hold together  
and time nor space does not any matter  
you close your eyes and feel the mood  
and hope with the one you care it is good  
than again feelings come over like a flood  
wondering if it is from the heart or head  
and trying to figure out happiness or sad  
the twinkling in your eyes  
takes me over the clouds in the skies

Arnaud van der Veere

25-09-2006

## Mind and matter

I wasn't teasing to trying to change your mind  
just wondering how to be kind  
it rarely ever happens you meet someone strong  
that is able to communicate for long  
and if you meet that person grows so fast so deep  
that it is difficult to let go without a peep  
no it is not a matter of fall in love  
not yet cause I am still much above  
no meeting took place so only know a flash  
and love is like an internal crash  
for me to win a friend and think of losing her  
so fast and still so real is not fair  
a mix of emotion is streaming in the head  
and altogether makes me a little sad  
but I know I have no right at all  
to guide you when walking or even fall  
not even hold your hand to lead some day  
they only thing I can do is just to say  
within this short time you became so dear  
althrough you are not here  
I care and feel good if you do also  
and maybe than we know were the road will go  
but only after we shake hands and drink  
we can plan for a road and think  
clear of the future in our hand  
that will maybe take us from our land  
and sail rivers and seas over to realise a dream  
and we will see if it is a realistic as it seem

Arnaud van der Veere

21-09-2006

## Joyful and happy

The other day I looked of the window to see  
Does the coming mailman had any parcel for me  
It was funny to see how the woman carried the heavy load  
As she walked to my doorsteps like a boat

When I opened the door the mailman took of her hat  
The long hair fell down and took my breath before she said  
“mail sir, can you sign ?”  
And the only thing I wanted was her to be mine

The reaction was simple and clear  
Sir do not bother me more and just sign here  
In my eyes it must have shown  
But before I talked she was already gone

Days and nights I waited for the next parcel to come  
I even went out to sent me some  
One day I saw the boat coming to my door again and ring  
I was so happy that I began to sing

The same routine like last time she did  
Took of her hat and ..... shit  
Her beautiful hair was gone, short she had  
In the beginning it made me totally sad

Than her eyes looked up to me so bright  
That I asked her out for that night  
Now so many years ago it started this way  
And she is still gonna stay

The moral of this story is to expect the unexpected every day  
It can help but I think you do not need to pray  
Open your eyes and whatever is your wish  
Never step back to give the first kiss

Arnaud van der Veere

Friendship grows

In the days that past  
We have learnt at last  
That friendship is more  
Than a ghost as before

We have learnt to look into each others face  
To know how must we have left on space  
A feeling has grown like a flower do  
And be sure it is mutual to

The process has started and cannot turn back  
Like the language in your traveling pack  
But the warmth of a growing relation is more than a smile  
The contains of what we are doing will last for a long while

We have reached out hands and touched for a while  
The road started narrow but became wide as a file  
A twinkle of the eye is from now on enough to see  
cause this friendship is setting both free

Arnaud van der Veere

In darkness

In darkness my soul arises to such extreme  
That control is so far away it seem  
My blood is boiling like a heat wave  
And being with you is surely not safe

Looking at you without the eager is my eyes  
Is not possible but do you find it nice  
Like an animal I want to tear off your cloths  
And the aging of my body can not felt by those

My own cloth are burning on my skin  
Oh I want you so hard that I wish to sin  
Slowly my hands move up to your breasts  
I can see them shaking and cannot feel rest

These hands only want to undress you fast  
And take your naked body at last  
No more talking but action alone  
I have to apologize but I am not stone

Seeing your naked skin even a smallest size  
Makes a special part of me taking a rise  
I know you can see I am overheated for three  
Than I move forwards and only want you to see

Knowing now your eager is like mine  
And your emotions are drunk without wine  
Your body starts moving and willingly seek  
In your burning eyes I see the longing of the freak

All undressed and warm new move into each other  
Smoothly the skins sliding without any bother  
Sweat is making it all easier to feel even more  
And you touch all parts I have for you in store

Your tongue is touching my lips  
And my hands moving all over your hips  
With closed eyes we find all we need  
And take every angle to feed

Our moves go on for hours and the night  
The darkness makes that we do everything right  
No hurry my love we must take time as it is  
Bend over while you sit on me for another kiss

Arnaud van der Veere

## Difference between man and woman

the differences between man and woman  
are not to be solved but are at the roots of when all began  
no one will ever understand why we fight  
and make love in the night  
to wake up with a smiling face to start the daily race  
and when come home after struggle hard to look in the face  
discuss days work at length but never listen long  
to create the anger of the other and make it strong  
so later on at evening time we sit and watch  
often not willing to even touch  
still thinking of what the other is doing wrong  
and try to listen to our favorite song  
just before we go to bed we meet in bathroom floor  
hoping the other will not do too much more  
so we can take the room alone and study silent  
the days that has gone by and feel violent  
cause we know a day has past again away  
and our youth is not here to stay  
feeling a little down we watch the mirror for a moment  
see the familiar face to learn time has gone mad  
slowly move to bed in hope you feel that warm body next  
so you can turn over in your daily flex  
and suddenly realise  
your attitude has not been wise  
the body has gone away from you  
and you will never know where it has gone to

Arnaud van der Veere

## Daydream

Nights are dark and often alone  
it is like the spirit of love has gone  
when laying on my side and watch the empty side  
than doubting heavily if the decision was right

not running behind you anymore  
and ask myself for what I do this for  
or sweating my body and crawl over the ground  
trying to get you in to a solid sound

reaching out hands day and night  
and shutting up to silence another fight  
now I found someone else so dear  
that every night I wish she was here

but so far away she is and cannot fly  
my mind is busy finding every way to try  
rest is something my body cannot feel since we met  
not when I work and surely not when I am in bed

your face is like a ghost haunting me in the night  
and I try to keep on telling myself this is not right  
but the feeling is growing stronger every day  
and the eager to fly makes it harder to stay

what to do with a restless mind  
searching for opportunities and hoping to find  
but all we need is money and time  
and if I find that all will you be mine

a question that stays and flies everyday  
sometimes loud and others as if I pray  
how to concentrate just on my work and do  
and silently the hope that you feel the same way to

Arnaud van der Veere

Dancing in the rain  
It makes me insane  
Dreaming of love  
And help from above

Never expected  
To be infected  
By the fever of wish  
But now want it to be is

Not future but today  
No question you must stay  
No demand  
But a want

No violence to you  
No screaming to  
Tender care  
And a loving affair

Your eyes look clear  
This is what you want to hear  
But you still do fear  
That it is not from here

A hand on your head  
Makes you a little sad  
You wish so much more  
And had that before

Now only the shadow  
Flows over the meadow  
A drop of rain  
Shows what you can gain

Arnaud van der Veere

Believing the power of the word  
the strings of a music accord  
and the sound of shouting eagels high  
the will to get up and fly  
i want to tell you so much more  
and give you love as before  
sitting here in this place  
we will never share anymore space  
this is only small  
with on each side a solid wall  
we defend the right  
and put up a fight  
when we need to be  
from two to three  
each move we make  
is a heavens shake  
in this small space  
with a heart at pace  
not more we need to see  
this is where we wanna be  
inside out, upside down

## BAD DAY

A bad day is when things are not connect  
When things all go far from perfect  
In the morning when I wake  
Feeling that the day will be a fake

Want to lay down again and let it go  
Leave time move over me in a flow  
Hoping it will not affect me today  
And keep on moving away and not to stay

Slowly moving out my bed cause so much to come  
And hope that I will be spared unlike some  
That danger will not cross my path  
And does not make me sad

It is just another day so let's move  
Get the rhythm and the groove  
Do not think too much instead  
And let time run past me so I can get back to bed

Laying on my back at the end  
I only can think, wow I really miss you my friend.

Arnaud van der Veere

Angel on the run  
There's an angel flown away  
The little devil did not want to stay  
She moved with the water from here  
And took all my beer

Ashamed of this disaster  
I wanted to be my own master  
Created a group of souls alike  
So next time I could strike

Are angels real or fake  
Please tell me for heavens sake  
Wanted to hold her again on my chest  
And work for her at my best

Even she was a devil  
I wanted to be at her level  
Leaking her jelly  
On my belly

Holding her so very tight  
Every night  
Let the dream be no fight  
So angel be at my sight

Arnaud

A road to heaven  
When you count to seven  
You can find a road to heaven  
Before your eyes  
It is so nice

On a moment in the park  
Soft lips brought me a spark  
No voice was needed for the sound  
It made my world go round

Like a bomb went off in my head  
And many voices together said  
I want to share so much with you  
And know you want the same way to

So walking from the stairs that night  
We both know we did it right  
And turned in a new way  
Knowing destiny makes stay

As strangers we met that day  
Both did not know serious or play  
Talking for hours in a row  
Checking for real or show

Found that tinny little light  
And felt all was very right  
Never leave you from my sight  
And spend with me all night

Life can be short or long  
Together we are strong  
And life is just a song

## A NIGHTVIEW VISION

Last night dreaming in my bed  
Recalling all the things you have said  
Fever in my back and parts to erect  
Shivering and wondering how we will have sex

Wondering how warm is your body now  
Trying to feel the moves of you when you bow  
Feeling how your body takes mine into it  
And wondering how strong we will fit

Isn't it a wonder we have met  
Longing for each other when we are in bed  
Eager to know so much more you have in store  
Thinking of making love with you as never before

Each night your face come so close  
Every time I feel the tip of your nose  
My arms reach out to hold you thigh  
But than you disappear in the night

How long can we keep up pretending  
And do I try to reach you with love by sending  
Oh how long will be our nights when there  
And can I make love with you everywhere

The stiffness of part  
Makes love making and art  
And the sounds you will make  
Will leave no room for a mistake

Our bodies collide in sweat and cream  
As long as we want and forever it seem  
Let us work toward that day  
So we enjoy each other and stay.

Arnaud van der Veere

A lie  
Is like a spy  
It creeps upon you  
Hurt you too  
Like a blade  
It is faith  
Swinging around  
Making awful sound



Close to destiny

When a word passes the lips fast  
Often we want to get it back inside  
Words can be sharp and not right  
And we want to be friends till the last

In action we show  
How far we are willing to go  
Are you alone or with me  
A situation to let it be

Some days we want to share  
Others we do not care  
But after all it takes power  
To open the shower

Accept that we are weak and in need  
Not like animals who operate in need  
Or plants who spread their seed  
On our company we feed

You and me

***when you meet and greet,  
have the honor to dinner and end,  
keep in mind the time you spend,  
the person who will share,  
your food or end,  
so share the fruit and stake,  
with the one who make  
and the coffee and cake  
with the one who take.***

## WARM

By Arnaud van der Veere

Warm is my body and I am turning around  
Restless are my nights and making a lot of sound  
Others are watching me  
And do not believe in what they see

A man so peaceful in the day  
Is so restless in the night they cannot stay  
What are the dreams are all about  
They wish to see what is behind that misty cloud

But better not to share my inner life  
With friends or just a wife  
It may be all to risky telling the whole story  
Imaging the eyes when I show my time of glory

Better not tell them why I sweat a lot  
It is a very long story without a plot  
When one meets the other soul  
Both are eager to reach that final goal

Some days I sit and watch that body move  
Still dressed to kill and with that groove  
The eyes burning like fire in the rain  
No limits, no hold backs and no restrain

But I know to touch that skin  
Even a little would be a sin  
A disaster for us both alike  
Yes the result will be more terrible than any strike

But dreaming and to image can do no harm  
Like walking in the corridor just to touch her naked arm  
To get that little naughty smile on her lips  
Turning my hormones again in an eclipse

This game will go on forever  
To collide in naked pursue will happens never  
But the dreaming makes both so very strong  
On the working floor nothing is allowed to go wrong.

## WAITING

By Arnaud van der Veere

Sitting on the seashore for long  
Listening to the sound of the monotone song  
The sea just comes and goes all day  
Not caring a bit if I go or stay

Some nights I sit alone watching the lovers passing by  
So sweet when the first kiss comes and both are shy  
Hands that do not know just where to touch  
Unaware of all the others who watch

Suddenly they realise and open up  
They are in the middle of this empty club  
With all members looking for the same  
A silent place to play their game

But so many are gathering together  
All wishing this relation will be much better  
The last started so exotic to  
But all have ended in a flue

The fever of the pain and hurt in heart  
Went like arrows and filled with smart  
But the passion of lovers comes and goes  
Like the sea which waves do flow

My date is waiting for me  
In the shade of a tall tree  
A kiss, seems to take hours to make  
Learn that more is in stake

This night will not end that fast  
I feel no hurry like in the past  
Everything must be done slowly and with love  
So that in the end we will fit like a glove

Time and time again I try  
Most people will given up and cry  
For me I push on to the end  
And want to find a person who will send  
A declaration of friendship or more  
And do not let it end as all before  
With only a word or smile  
And contact for just a while  
No I long for something strong  
A relation for very long  
Not done in a flash  
And than let it crash  
I am not in this just for sex  
Than before we start you are my ex  
We both know that life is short  
And we can do this as a sport  
But how about what you feel  
Do you play or are for real  
Read this message more often  
And let your soul become soften  
Reply to my words and see  
After a while we will agree !!

## SWEAT

In the night often I wake  
Sweating of the dream snake  
The tangles of my mind complicated  
The words I use are sophisticated

In the nights my worries show  
But in the day I show the way to go  
Holding my pillow tight  
And daily ready for the fight

But as fears I show up my pride  
I am always wondering who is on my side  
It is scary to know what will come  
Even I hope to be successful as some

But I know I am not born like that  
The thoughts can make me sad  
Working hard, playing straight  
But time is fast and cannot wait

Is the glass now half full  
Or empty for the bull  
I want to run away from it all  
But I know the further I go the harder I fall

In the night I run and hide  
Longing for the one to cover my side  
Is this life than only money to count  
When starts life to play another sound

Arnaud van der Veere

STRONG  
By Arnaud van der Veere

Muscles like rocks so strong  
To make them you need to work out long  
They do not come overnight  
And the ones who have can feel some pride

But how many do understand the wish  
To express strength as giving a kiss  
It is not the muscles that made the man erotic  
The combination with the brain that made exotic

A real man is strong and wise  
He wish to bring the woman to a paradise  
Not just a come over and lets go  
No the play take long and emotions flow

Strength of training bring hormone level high  
You cannot say in the middle of a training just bye  
Results come only step by step  
To come that far you have to pass so many trap

Nothing come just like that  
Discipline and daily early to bed  
Food in time and carefully selected  
Make the man strong and erected

Yes the hormones will grow the natural way  
With some so much they are eager to play  
They take hours for you and make you stay  
After that you are very sure they are not gay

The body strong but hands are tender  
Make that you only want to surrender  
Give gladly all you have for every hour  
To end up finally in the shower

## STILL

*mouth shut and staring eyes  
like a rock no movement is the face  
shocked she was in any case  
discovering that life was all but lies*

*the brain did not wish to function anymore  
she left the body long ago to sit  
her mind went to the other world out of the store  
her mind and body had to split*

*the shock came to sudden and was so hard  
he died this morning in a crash they said  
this morning you left him in your bed  
you met him yestarday and hoped for a new start*

*you spend only few hours so close  
in the night he had given you that rose  
you even do not know his family name  
he never told it since he came*

*he died without a name to you  
not knowing were from here to go to  
he came into your life and filled it up  
like splendid wine in your cup*

*both waisted no time and took it all  
there is no sorry and will be no ball  
nothing more than only memory  
nothing left not even a picture from the "we"*

*you sat there for hours long and no one seem to care  
police came to remove your body from there  
they took you to the hospital for check  
a body with a broken neck*

*no waking up this time  
you was a victum of a crime  
they robbed you when in shock  
and stopped also your clock*

*angels all around you see  
it is not the earth were you flee  
you left the earth and died in vain  
left others to get insane*

## RIDING

A horse with no name  
Changed my life when it came  
I sat on it for hours to ride  
The horse didn't take me without a fight

Laying in the grass remembering your face  
Yes, the beauty of the other race  
Your eyes so small  
Like a tower you sit on me so tall

The horse came and pushed you a little  
He wanted you to sit on the middle  
A ride must be a pleasure for long  
So the rider must sit tight and strong

No saddle that protects you  
It is a matter of two  
No one will watch when we're riding  
And at the end you will take a sliding

All muscles must be on tension

## Painting

Colors that match  
Like the field of patch  
Show your emotion  
And never lasting devotion  
You are the light  
That turns on at night  
Give me inspiration  
And realization  
To continue this way  
With sweat I will pay  
Efforts to be close  
And never as those  
But like in your stroke  
I will provoke  
The meaning of life  
Is not only the five  
Elements of the universe  
Not even the perverse  
Humans we are  
But alone the road  
Our love will float.

Arnaud van der Veere

### No exception

For all of us the walk is just the walk  
But we cannot say a talk is just a talk  
Meaningful or empty but words can do  
More than any weapon can do

For you a word on a wrong moment  
Is the beginning of the end  
Even said with an undertone  
It will resound when you are alone

Again and again you hear  
Especially when nobody is near  
The words resounding in your brain  
Taking your feelings down the drain

But know there is a moment for you  
Taking revenge is an option too  
When that moment comes you are clear  
The kill must be now and here

Your sword is ready for the fight  
And knowing all right is on your sight  
You look and see  
Is that me ?

Is all of this worth someone else its life  
Consider your faith is your drive  
You can make the final blow and end  
The life of just another maybe friend

I know you can do it within a single blow  
But after that what road to go  
Will you be happy and secure  
Can you life with a mind never be pure

My dearest you are you in just one piece  
Never ever let a stranger nor your niece  
Take you down the path of crime  
Cause that is not worth a nickel nor a dime.

Arnaud van der Veere

Life is consideration  
Life is just a life  
Even married you are nobodies wife  
You are entitled to be free  
And no one can definitely refer to WE

We are born alone and die alone  
Even the one who is on a thrown  
In days we share as it seem  
But no one can enter our dream

Helping the other is a gift  
But do it swift  
Look for each opportunity to be  
A special person and see

Maybe today or tomorrow  
When you are in sorrow  
The Karma will set you free  
And let your spirit flee

Just walk the way we suppose to do  
Not to the right or left for you  
Walk the middle line  
And your life will be fine

Arnaud van der Veere

Karma  
Wat je doet  
Is toch goed  
Je bent zuiver  
En eerlijk  
Geen gehuiver  
Zelfs begeerlijk  
Waar wacht je op  
Er is geen stop  
Voortgang verder  
Soms zonder herder  
Los van het even  
Zonder beven  
Eigen benen  
Geen lange tenen  
Nieuw begin  
Verse zin !

Arnaud

## INTEREST

Honest the interest can be  
But hardly we can see  
The reflection in the eyes  
So we must ask ourself is it wise  
Is it possible to realize  
Contact far over the sea  
And not in next door tree

How I wanna talk to you  
Maybe write you too  
And have a drink or two

Want to get the same  
Be sure it is no game !

Best regards,  
Arnaud from Holland

I was dreaming of the past  
Time has gone so fast  
Sitting here and realise  
Life has made me much more wise

Now I cannot be fooled around  
I was searching till I found  
The inner truth of harmony and freedom  
Now I hope the best is still to come

Once my life was tears and crying  
And my daily dream was dying  
Just away from all the misery  
Not any more a part of the industry

But than I met the light of my life  
She came in the body of a wife  
Not just a woman from some place  
But from the Asian race

We sit down for hours long  
And she teached me life in a song  
To dreamland we were flying  
Never looked back or trying

Than in a flash I knew  
And suddenly I grew  
My mind did open up for all  
Now I am sure never to be afraid to fall

Gentle hands  
Around my friends  
Make life fine  
To be mine  
And share the faith  
With whom I wait  
For the happiness to come  
Reserve for only some  
So share my hand  
And cross the land  
Walk the road  
And rivers float  
For we may survive  
And strive  
To the final destiny  
That is you and me

Arnaud van der Veere

## Fastlane

Candy for a baby  
Honey and some maybe  
In the words of a man  
Who thinks he can  
Will give you a few  
Of him and his crew  
The days ahead  
As he always said  
Are filled with dream  
You are his cream  
But always when it seem  
You broke his self-esteem  
The macho return  
Faster than he earn  
The daily reward  
From of the start  
Is the man worth it  
Or you only give a bit  
Not all of your soul  
So he must fight for his goal  
To get a place in your head  
And maybe even in your bed

Arnaud